

Governance Committee Meeting

Wednesday, January 17, 2024 from 12:00 – 1:30pm

<https://us06web.zoom.us/j/83113557179>

Agenda

- 12:00 pm** **Welcome, Introductions & Approval of Meeting Minutes & Agenda – Angela Watts**
(Meeting materials: November Meeting Minutes & January Agenda)
- 12:10 pm** **Governance Committee Business – Angela Watts & Coordination Team**
(Meeting materials: 2024 Voting Members, Governance Committee Role Description & Expectations, Governance Committee Orientation, and 2024 Meeting Schedule)
1. Review & Discuss Governance Committee Role Description & Expectations
 2. Approval of new Voting Members [Susie Voss of Family Wise and Patricia Vitale of Children's Minnesota]
 3. Approval of Co-Chair [Pat Dale, community member]
 4. 2024 Meeting Schedule
- 12:30 pm** **New Data on Children's Mental Health in Hennepin County– Cheryl Holm-Hansen**
Brief presentation and discussion on new children's mental health data. Followed by questions and discussion.
- 12:50 pm** **Work Plan Progress, 2024 Priorities and Budget Request (40 min) – Angela Watts & Laura LaCroix-Dalluhn**
Materials: 2023 Work Plan Progress Report, Approved 2024 Budget
1. Discuss Progress toward 2023 Priorities
 2. Discuss Preliminary 2024 Priorities
 - A. Youth Mental Health First Aid Budget Request – YMCA, Beacons as lead partner, \$30,000
 - B. Explore pilot teen mental health and mentorship in 2024 – YMCA, Beacons
- 1:30 pm** **Adjourn**

Mission Statement: The CMHC provides a forum for a diverse and representative group of system stakeholders to influence the development and ongoing operation of an accessible and effective children's mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children's mental health system by embracing the system of care principles and available research on children's mental health services.

Contact CMHC Co-Coordinator, [Laura](#), with any questions

Governance Committee Meeting Minutes

November 15, 2023

In Attendance: Pat Dale, Angela Watts, Brandon Jones, Liz Gronert, Jody Nelson, Aric Jensen, Cindy Slowiak, Krista Phillips, Meghan Hickey, Jamie D, Meredith O'Brien, Susie Voss, Jen O'Brien, Andria Daniel, Molly Coyne, Benjamin Glover, and Rachel Harris

Staff: Laura LaCroix-Dalluhn, Hayley Tompkins, Cheryl Holm-Hansen, and Fatima Muhammad

Welcome & Approval of Meeting Minutes & Agenda

- Krista Phillips moved to approve the October minutes and Brandon Jones seconded. Minutes approved.
- Jody Nelson moved to approve the November agenda and Andria Daniel seconded. Agenda approved.

Hennepin County Suicide Prevention Grant

- Jen O'Brien, the Manager of Community Health Improvement Projects (CHIP) through Hennepin County Public Health, provided an overview of the grant objectives, frameworks, details, and target audience of the countywide grant. Laura LaCroix-Dalluhn asked what this plan looks like inside Hennepin County. Jen said they hope to be super coordinated between the many departments of the county in connecting people to this care. Jen then asked the group two questions.
- What is or isn't working for parents, families, and youth currently?
 - Angela Watts shared that she is hearing that social media is playing a huge role in youth mental health, at times leading to erratic or unhealthy behaviors, and access to drugs continues to be an issue. Brandon agreed, there is increased access to drugs for youth. Krista added that she has observed situations where immigrant families are having a difficult time navigating the system and finding culturally competent care. Cheryl Holm-Hansen added on to Krista's comment saying that illegal immigrant families have a very difficult time accessing services because of the worry of their own safety. Laura shared that she heard from another parent who was unable to attend today that getting help for children who present aggressive behavior is very difficult and it complicates suicide prevention because the child is seen as more of a threat. Angela shared she thinks there are just not enough providers and much more need than ever before. Hayley Tompkins shared that she hears that there is a need for more providers, but many care workers who are responding to these challenges are undertrained and under resourced and if we invested more in them it could be helpful. Furthermore, Hayley shared that she has heard from the PCLG that many parents and caregivers are exhausted from trying to navigate the system, they are burnt out and tired of being blamed for their child's mental health condition.
- How should Hennepin County Public Health engage families and parents in this countywide plan?

- Aric Jensen shared that everyone and anyone can be a frontline supporter of suicide prevention and that education and awareness can be very impactful. Meredith O'Brien shared that from a prevention perspective, we know that exposure to social media plays a big role and the health department is hoping to have a larger role in engaging families around guidelines and use of social media. Additionally, Meredith shared that promoting in-person connectedness is significant in suicide prevention. Krista shared that this work should be done with kids of all ages, even younger than we would expect so that they have skills in their toolbox already by the time they may be dealing with suicide ideation. Laura shared that Jamie Winter shared with her that surprisingly young children needed care at Children's new unit. Andria asked Jen how they work with See Mental Health. Jen answered that they have not partnered with See Mental Health yet but she hopes to.

Parent Engagement

- Parent Catalyst Leadership Updates and Events
 - Hayley shared that PCLG is doing great, they will be present at the community conversation. The PCLG is still working on the remodel, we have 4 key work areas around connection and support, navigation, learning, and coordination & advocacy. Laura added that the coordination team has discussed recognizing the lack of infrastructure in the collaborative to get programming or services up and how important it is to partner when possible. Laura shared that this group has been around for quite some time so we would like to focus on what it currently working, how can we engage more parents, and what infrastructure can be put in place to keep this group sustainable and ongoing. Hayley agreed, when joining the role she heard there was a huge need for clarity around role, scope, and purpose and they've been able to find that.

Business Updates

- 2024 Proposed Meeting Schedule
 - Pat Dale shared that we shared the draft calendar and received feedback to provide the option for a different meeting time. We sent out a survey with possible times the third Wednesday of the month from 12:00-1:30 pm had the most votes but we will continue to take responses and see what works best for everyone.
- Fiscal Sponsor Updates
 - Brandon shared that the contract should be finalized by mid-December.

Adjournment

- Krista moved to adjourn and Aric seconded. Meeting adjourned.

Hennepin County Children's Mental Health Collaborative (CMHC) 2024 Governance Committee Roster as of January 2024

Name	Partner Entity	Email
1. Dale, Pat (CMHC Co-Chair) * 2. Watts, Angela (CMHC Co-Chair) *	Provider	pat.dalemn@gmail.com angela.watts@hcmcd.org
1. Hickey, Meghan (MPS) A. Sander, Mark (MPS/ Hennepin County)	Minneapolis Schools	Meghan.hickey@mpls.k12.mn.us Mark.Sander@hennepin.us
1. Messenger, Julia A. OPEN	Anoka-Hennepin School District	Julia.messenger@ahschools.us
1. Allen, Tonya* A. MacDonald, Brenna	District 287	tdallen@district287.org blmacdonald@district287.org
1. OPEN A. Fagerland, Hope	St. Anthony/New Brighton School District	OPEN hfagerland@isd282.org
1. Mitchler, Ph.D., Jenna* A. Coyne, Molly	Suburban Schools - Bloomington	jmitchler@isd271.org mcoyne@isd271.org
1. Nelson, Jody (Change Inc) A. Gammage, KC (Change Inc) 1. Jensen, Ph.D. LP Aric (Fraser) A. (OPEN) 3. [Dale, Pat] – listed above as co-chair (Youable) A. Voss, Susie (Family Wise)	Providers with Hennepin County Children's Mental Health Contracts	jnelson@thechangeinc.org agammage@thechangeinc.org Aric.Jensen@fraser.org svoss@familywiseservices.org
1. Hultman, Melanie A. (OPEN) 2. (OPEN) A. (OPEN)	Parent Catalyst Leadership Group (PCLG)	melanie11475@gmail.com
1. Tripeny, Maria A. (OPEN) 2. (OPEN) A. (OPEN)	Parent Representatives	mtripeny@aol.com
1. Phillips, Krista* A. Wells, Deborah	Family Service Collaboratives	krista.phillips@edinaschools.org wells.deborah@slpschools.org
1. Slowiak, Cynthia* A. Dahir, Asad	Hennepin County Mental Health Services	cynthia.slowiak@hennepin.us asad.dahir@hennepin.us
1. O'Brien, Meredith A. OPEN	Hennepin County Public Health	Meredith.obrien@hennepin.us

1. Blade, Andria A. Thell, Meg	Hennepin County LCTS Admin.	Andria.Blade@hennepin.us meg.thell@hennepin.us
1. Long, Monica A. Benson, Alyssa	Hennepin County DOCCR	monica.long@hennepin.us Alyssa.Benson@hennepin.us
1. (OPEN) A. (OPEN)	Health Plan	
1. Watts, Angela* A. (OPEN) 2. Jones, Brandon A. (OPEN) 3. Vitale, Patricia A. (OPEN)	At Large Hennepin Health Care Minnesota Association of Children's Mental Health Children's Minnesota	angela.watts@hcmcd.org bjones@macmh.org patricia.vitale@childrensmn.org

* Designates Executive Committee Members

CMHC designated voting member seats (21) based on bylaws. Each voting member can identify an alternate member:

1. Minneapolis School District (1)
2. Suburban school districts (1)
3. St. Anthony-New Brighton School District (1)
4. Anoka-Hennepin School District (1)
5. Intermediate School District 287 (1)
6. Hennepin County's Human Services and Public Health Department (2)
7. Hennepin County Corrections (1)
8. Hennepin County Board or Administration (1)
9. Four parent/guardian representatives with a minimum of two appointed from the Parent Catalyst Leadership Group (4)
10. Providers representing Hennepin County contracted mental health agency (3)
11. Hennepin County Family Service Collaborative (FSC) (1)
11. Health plan (1)
12. At-large representatives (3)



Governance Committee Member Role Description & Expectations

January 2024

The primary purpose of Hennepin County Children's Mental Health Collaborative's Governance Committee* is to represent the interests of Collaborative stakeholders in the development and the pursuit of its mission. In that capacity, the Governance Committee:

- Identifies strategic direction of the Collaborative and evaluates outcomes achieved,
- Approves and monitors the program and financial performance of the Collaborative,
- Evaluates the performance of the Coordination Team, and
- Evaluates its own performance as a governing body.

While the work required of Governance Committee members will vary both across members and across time, the following expectations are generally held of all members:

1. CMHC Governance Committee members will act on behalf of the mission and interests of Collaborative, and its stakeholders, at all times. If any Governance Committee member has a conflict of interest, that interest will be identified and discussed with the committee.
2. The CMHC Governance Committee is responsible for representing their organization and its stakeholders, or families in Hennepin County with children experiencing mental health challenges. That responsibility includes linking the organization to the community and participating in and/or promoting community events when possible.
3. Participation of Governance Committee members is key to their contribution.
 - A. Governance Committee members need to be present and involved in meetings of the Collaborative and the committees on which they serve.
 - a. Governance Committee members are expected to contact their voting alternate when they are unable to attend meetings.
 - b. Any Governance Committee member who is absent three consecutive meetings shall be contacted by the Coordination Team as to whether they would like to resign and be replaced.
 - B. Governance Committee members need to be actively engaged in discussing issues, sharing perspectives, and raising questions that are essential to good decision-making. Healthy debate is encouraged. Passionate, mission-focused discussion is expected.
 - C. Effective participation derives from continually learning about the Collaborative, its goals and the environment impacting implementation of these goals. This learning includes those formal opportunities afforded by the Collaborative, as well as informal opportunities.
 - D. As a general guideline, Governance Committee members should expect to spend up to 2 to 3 hours per month in their work on the Collaborative and its committees. Executive Committee members will have additional hours.

* Hennepin County Children's Mental Health Collaborative's fiscal sponsor, Minnesota Association of Children's Mental Health (MACMH) maintains all administrative, programmatic, financial, and legal responsibility for Collaborative, but has delegated responsibility for the program activities to the Governance Committee.



Governance Committee Member Orientation Schedule

January 2024

The primary purpose of Hennepin County Children's Mental Health Collaborative's Governance Committee* is to represent the interests of Collaborative stakeholders in the development and the pursuit of its mission. The Collaborative's mission is *to provide a form for a diverse and representatives group of system stakeholders to influence the development and ongoing operation of an accessible and effective children's mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children's mental health system by embracing the system of care principles and available research on children's mental health services.*

1. Welcome & Introductory Meeting – 60 mins [led by Coordinator and/or coordination team]
 - a. Review Mission, Vision & System of Care (values & Services)
 - b. Work plan and priority initiatives
 - c. Structure, committees, and staff
 - i. Bylaws
 - ii. Family Coordination
 - iii. PLCG
 - iv. Governance & Executive Committees
 - v. School-based mental health
 - vi. Providers
 - d. Other partners & family service collaboratives
 - i. LCTS funding, who, what and how
 - e. Understand their goals for participating and interests in children's mental health.
2. Follow up after attending first 2 meetings [led by Coordinator and/or coordination team]
 - a. 15 min check-in and/or emails
3. Mid-year check in for new members [led by Coordinator and/or coordination team]
 - a. 15-30 min meeting to assess questions and/or concerns.

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Revised 2024 Meeting Schedule

Committee	Lead	Meeting Schedule	Notes/Questions
Governance Committee	OPEN & Angela Watts	Third Wednesday of the month from 12:00-1:30 PM <i>NEW June Meeting 6/26/24</i> No July Meeting	Monthly meetings will take place online, unless otherwise noted.
Executive Committee	OPEN & Angela Watts	Every first Friday of the month from 9:00-10:30 AM No July Meeting	Meetings will take place online, unless otherwise noted.
Coordination Team	Laura LaCroix-Dalluhn	Every 4 th Tuesday from 10-11:30 am	Meetings will take place online, unless otherwise noted
Parent Catalyst Leadership Group	PCLG Coordinator	Every third Saturday at 10 am	Meetings are taking place in person when possible.
Parent Summit & Engagement	Fatima Muhammad	No Regular Schedule	
School-based Mental Health Group	Mark Sander and Laura Zook	Every 4 th Tuesday at 2:30-4 pm	Meetings take place online and in person.
Provider Group	Laura LaCroix-Dalluhn	Schedule To Be Determined	This group last met 2020. The current group of stakeholders will be polled to meet. This group will meet online, unless otherwise noted.

2023 Work Priorities Progress Update

[Yellow=Completed, Gray=Partial Completion/Progress, No highlight = No progress]

Long-Term Goal	2023 Strategic Actions	Purpose	Action Steps	Lead/Support	Outputs & Outcomes
Improve responsiveness to, and communications with, families and children through increased access children's mental health services	1. Increase engagement of underrepresented families, with specific focus on BIPOC families, to inform change within the children's mental health system	Engage parents and families to ensure parent, caregiver and family needs are responded to and represented in policy and practice changes	1.1. Each quarter (3 quarters) PCLG will plan and offer a new <i>Let's Talk About It</i> session to parents and community partners. Parents and community partners will identify topics for discussion about children's mental health services 1.2. Identify new community organizations and partnerships to improve communication and access to information about children's mental health services 1.3. Attend community events and meetings led by BIPOC-led organizations and other key children's mental health organizations to learn about critical issues impacting children's mental health and gather parent input to inform practice and policy changes 1.4. Create a process to discern when family challenges and issues raised are identified as having broader practice and policy implications 1.5. Each quarter a list of policy and practice issues and concerns related to children's mental health services will be generated and shared through CMHC Governance and Executive Committees	1.1. Margaret 1.2. Family coordinator, Margaret 1.3. Family coordinator, Margaret, Coordinator 1.4. Cheryl, Laura & new learning community group 1.5. Coordination team & new learning community group	1.1. 150 (45) diverse parents will participate in the training 1.2. 20 new, or renewed, community partnerships will be established by Family Coordinator and Coordination Team 1.3. CMHC will increase the diversity of community partners engaging in its meetings, events and decision-making 1.4. Increased knowledge about policy and practice issues affecting access to CMH services 1.5. Children's mental health providers and stakeholders will understand key barriers to children's mental health services
	2. Increase mental health literacy of	Build knowledge and capacity of	2.1. Identify and train adults to provide Youth Mental Health First Aid training to youth	2.1. Change Inc, Cati/Laura	2.1. Five diverse trainers will be available in Hennepin

	<p>adults working with and raising children and youth</p>	<p>adults working with children and youth in non-clinical settings to support children's mental health wellbeing and mental health needs</p>	<p>workers and adults working with youth in out-of-school time and community programs</p> <ol style="list-style-type: none"> 2.2. Provide Youth Mental Health First Aid training for adults working with children and youth in out-of-school time and community programs 2.3. PCLG will offer Monthly Support Groups online to parents and caregivers 2.4. Provide training resources to families and/or organizations working with children and families to increase knowledge and awareness of children's mental health needs and understand how mental health and trauma are reflected in children and youth behaviors 2.5. Pilot family centered strategies with county case managers to increase awareness of the challenges of communicating with parents. This strategy <p>NOTE: 2.2. Consider expanding services to adults working in schools in Q3 & Q4.</p>	<ol style="list-style-type: none"> 2.2. Change Inc, Cati/Laura 2.3. Margaret, PCLG 2.4. Margaret, PCLG, Family Coordinator 2.5. Coordination team, Hennepin County leadership and case managers 	<p>County to train adults in Youth Mental Health First Aid by end of Q1</p> <ol style="list-style-type: none"> 2.2. 450 (220) diverse youth workers, staff and volunteers will be certified in Youth Mental Health First Aid by Q2 (in time for summer programming) 2.3. 100 diverse parents and/or caregivers will participate in Support Groups 2.4. Increase responsiveness of families and providers to meeting children's mental health needs 2.5. Identify common challenges for providers when listening to family needs, and identify strategies to improve responsiveness based on needs, not eligibility alone.
	<p>3. Increase awareness of families, caregivers, and youth on how to access children's mental health services</p>	<p>Families, caregivers, and youth will know how to access children's mental health services and know why to access CMHC</p>	<ol style="list-style-type: none"> 3.1. Update CMHC website to include outward facing information and resources on how and where to access children's mental health services and better reflect PCLG work and resources 3.2. Share information with community partners, youth workers, parents, and youth to increase knowledge and access to information 3.3. Create process to update web-based information twice annually and implement process 3.4. Create a work plan to expand navigational support for families and caregivers, building off 2022 work group 	<ol style="list-style-type: none"> 3.1. Laura/Stella, Change Inc, YMHFA Trainers, PCLG 3.2. Stella/Laura/Cati 3.3. Stella/Laura/Cati, committee (YMHFA and Change Inc) 3.4. Coordination team 	<ol style="list-style-type: none"> 3.1. CMHC website will be updated with a resource page before Q3 3.2. E-newsletters and information will be shared with expanded and diverse community partners 3.3. Community partners will know how to update information on children's mental health services 3.4. Clear path to expanding navigational services to

			recommendations, e.g. secure funding and identify key partners		families in Hennepin County
	4. Increase access to mental health literacy for youth	Build knowledge and capacity of youth to support children and youth mental health and wellbeing	<p>4.1. Identify and train adults to provide Teen Mental Health First Aid training (or other agreed upon training) to youth in high schools across Hennepin County</p> <p>4.2. Train youth in Teen Mental Health First Aid training (or other agreed upon training) as a key resource in high schools across Hennepin County</p> <p>4.3. Create listening sessions for trained youth to share their experiences and needs with providers and decision-makers</p>	<p>4.1. Laura/Cati & youth serving orgs</p> <p>4.2. Laura/Cati & youth serving orgs</p> <p>4.3. Laura, Cati and Family Coordinator</p>	<p>4.1. Five diverse trainers will be available in Hennepin County to train adults in Youth Mental Health First Aid by end of Q3</p> <p>4.2. 30 diverse youth will be certified in Teen Mental Health First Aid by Q4</p> <p>4.3. Five policy and practice decisions will be identified for improvement</p>
Improve coordination of and access to children's mental health services	1. Improve access to trauma-informed youth mental health services for youth engaged in or directly impacted by gun violence and other violent behaviors impacting children and youth, e.g. increased sexual violence (see student survey data)	Increase trauma-informed mental health resources to youth and families directly impacted by gun violence	<p>1.1 Identify organizations working directly with youth experiencing gun violence and provide resources to support their mental health services</p> <p>1.2 Provide funding to organization to support youth and families directly experiencing gun violence</p> <p>1.3 Create a process to discern practice and policy implications related to youth trauma-informed mental health and gun violence</p> <p>1.4 Convene organizational leaders working to improve trauma-informed youth mental health and reduce youth gun violence to address policy and practice issues</p> <p>1.5 Explore development of county-wide community resource crisis response guide to violence or acute mental health needs of children and youth in schools or community at-large.</p>	<p>1.1. CHIP, Laura</p> <p>1.2. CHIP, Laura</p> <p>1.3. Cheryl, Laura, Coordination Team, & new learning community group</p> <p>1.4. Laura, Coordination Team, & new learning community group</p> <p>1.5. Coordination team and community partners</p>	<p>1.1. A resource list will be created with organizations focused on youth gun violence prevention and mental health – and added to CMHC website</p> <p>1.2. 20-50 diverse youth will receive additional information about youth mental health and learn how to access services and supports</p> <p>1.3. Collaborative tools will be created to track practice and policy change efforts</p> <p>1.4. 3-5 policy and practice issues will be identified for change</p> <p>1.5. Plans to develop a community-wide Crisis Resource guide will be completed and/or a community-wide Crisis</p>

					Resource guide will be completed
2.	Connect youth and families to needed children's mental health services and supports	Help connect youth and families to needed children's mental health services and supports to best meet their needs	<p>2.1. Connect and refer community partners with CMH services and programs</p> <p>2.2. Track navigational support to families seeking early childhood mental health services through the two HUB pilots (Bloomington Public Health and Hen Co Libraries) and identify opportunities to improve ongoing mental health supports to families with young children</p> <p>2.3. Track navigational support to families seeking early childhood mental health services through the two HUB pilots (Bloomington Public Health and Hen Co Libraries) and identify opportunities to expand access to families across Hennepin County</p> <p>2.4. Explore opportunities to expand professional peer support specialists and navigators to across Hennepin County</p> <p>2.5. PCLG will offer WRAP training to parents and caregivers</p>	<p>2.1. Family coordinator & PCLG Coordinator</p> <p>2.2. Laura, CMHC partners, HUB partners & Coordination Team</p> <p>2.3. Laura, CMHC partners, HUB partners & Coordination Team</p> <p>2.4. Coordination Team & CMHC partners</p> <p>2.5. Margaret, PCLG, and family coordinator</p>	<p>2.1. Identify 5 new diverse community partners will engage with CMHC, PCLG and other partner activities</p> <p>2.2. Create list of barriers that make it challenging for families to access services with their young children to address through expansion</p> <p>2.3. A list will be created outlining resources needed for new opportunities to expand navigational services to families with young children through HUB partnerships</p> <p>2.4. A list of new opportunities will be shared with Governance Committee quarterly</p> <p>2.5. 30 parents and/or caregivers will participate in WRAP training</p>
3.	Gather information about and manage access and coordination issues through collective action	Convene stakeholders to address key barriers and challenges in children's mental health services and identify solutions	<p>3.1. Convene providers, practitioners and stakeholders to revisit system of care goals, progress since 2020, and goals for 2023-2024</p> <p>3.2. Convene BIPOC-led or focused Children's Mental Health providers to identify barriers and needs to improve coordination and access to CMH services</p> <p>3.3. Convene county agencies and community partners to respond to the identified barriers and needs of BIPOC providers and families to increase access for BIPOC families</p>	<p>3.1. Coordination Team and Hennepin County leaders</p> <p>3.2. Family Coordinator, Coordination team</p> <p>3.3. Coordinator, family coordinator, county teams/ reps</p> <p>3.4. Coordinator, Family coordinator, Collaborative partners</p>	<p>3.1. Increased community knowledge and commitment to system of care values and services</p> <p>3.2. 8 community meetings will be led each quarter to elicit barriers and needs</p> <p>3.3. 3 county meetings will be led each quarter to respond to barriers and needs</p>

			3.4. Convene community stakeholders to increase knowledge and capacity to respond to the identified barriers and needs of BIPOC providers and families to increase access for BIPOC families O		3.4. 1 community stakeholder meetings will be led each quarter to respond to barriers and needs
Increase data-driven decision making to improve the children's mental health service system	1. in partnership with the Hennepin County, explore conducting an assessment of system values or key implementation issues	Have system implementation data to inform changes identified throughout calendar year	1.1. Create county and community partner group to outline assessment goals, objectives and timeline	1.1. Cheryl, Hennepin County team, & coordination team	1.1. A project plan will be established
	2. Data Dashboard	Share data on children's mental health with partners and use data to track change	2.1. Update website with new data 2.2. Explore opportunities to create specific data for Family Service Collaboratives as requested	2.1. Cheryl, Laura/Stella 2.2. Cheryl & Coordination team	
	3. Evaluate the work of the Children's Mental Health Collaborative	Track results and impact of collaboratives projects and work	3.1. Conduct evaluation of Collaborative Activities 3.2. Prepare 2023 Annual Report to communicate work of Collaborative and partners	1.1. Cheryl & Coordination Team 1.2. Cheryl & Coordination Team	



20-Oct-23

Approved 10/11/2023

Income	
LCTS Fund Balance	
LCTS 2023 Projected Earnings	
SAMSHA/Hennepin County Grant	
LCTS Budget	
Total	
Expenses	
Staff/Contracted Staff	
	LaCroix-Dalluhn Consulting Group (Coordination, strategic initiatives, and engagement programming)
	Community Research Solutions
	Open (Parent Catalyst Coordinator)
	FZM Impact Group
Youth, Parent & Community Programs	
	Parent Catalyst Leadership Group (Stipends, Event Activities, etc)
	Parent Engagement Stipends

	BIPOC Agency Collaboration and Parent Support
	Youth Engagment & Mental Health Well-being
System of Care Pilots	
	Peer Support Specialist
	Crisis Response Teams
	Other
Training & Capacity Building	
	CMHC Scholarships & Training
	District 287 Training
General Operating	
	General Support
	Fiscal Sponsor Fee
Total	

Budget Narrative

Estimated Fund balance as of 1/1/23

Estimated LCTS Earnings in 2023
SAMHSA: Parent engagement and BIPOC agency collaboration
Precommit: LCTS funds from 2023

Laura LaCroix-Dalluhn, Cati Gómez and team. LCTS (\$56,900) and **SAMHSA (\$23,100)** Funded

Cheryl Holm-Hansen

Interim Coordinator with intent to hire in 2024

Fatima Family Coordination and engagement (SAMHSA Funded)

Parent supported activities, stipends, and events

Compensation to community agencies to support their parent engagement work. These funds are paid to community agencies to support the costs associated with their parent engagement work. These funds cannot be used for food. These funds can be used to compensate parents for their time and expenses associated with their participation in parent engagement activities.

Compensation to community agencies to support their parent engagement work (up to 5 agencies at \$6,000)

Training for youth and adults working with youth on mental health supports

Countywide peer support specialists training and stipend support

Planning and development of county-wide crisis response team

Gun Violence Prevention and Youth Mental Health

Scholarships, Sponsorships and Training & SBMH Ancillary Training Services

Staff training

Communications, supplies, etc.

MN Association of Children's Mental Health, 7.5%

2024 Budget

CMHC	
\$	119,352
\$	194,065
\$	126,180
\$	75,414
\$	515,011
\$	80,000
\$	25,000
\$	30,000
\$	70,200
\$	36,000
\$	2,880

\$	30,000	
\$	15,000	
\$	150,000	
\$	25,000	
\$	15,000	
\$	35,931	
\$	515,011	

Governance Committee Meeting Minutes

January 17, 2024

In Attendance: Angela Watts, Pat Dale, Krista Phillips, Brandon Jones, Susie Voss, Asad Dahir, Kc Gammage, Mark Sander, Andria Daniel, Deborah Wells, Meredith O'Brien, Rachel Harris, Monica Long, Beth Lovre, Brenna MacDonald, Julia Messenger, Megan Hickey,

Staff: Laura LaCroix-Dalluhn, Cati Gómez, Hayley Tompkins, Fatima Muhammad, and Cheryl Holm-Hensen

Welcome & Approval of Meeting Minutes & Agenda

- Krista Phillips moved to approve the November minutes and Brandon Jones seconded. Minutes approved.
- Krista moved to approve the January agenda and Meredith O'Brien seconded. Agenda approved.

Governance Committee Business

- Governance Committee Role Description & Expectations
 - Laura LaCroix-Dalluhn shared the role description and expectations for a governance committee member she created with the help of the executive committee. Andria Blade asked if new and old members alike will be asked to sign this agreement, and Laura answered that it is up for discussion. Angela Watts, Cindy Slowiak, and Brandon shared that they feel it's a good idea to have people sign it. Asad Dahir shared he feels it would be good if everyone attended an orientation as a refresher on our goals, roles, and ways of working. Rachel Harris suggested there should be a presentation for the orientation and offered to send a model presentation.
- Approval of new Voting Members
 - Laura shared that Susie Voss of Family Wise and Patricia Vitale of Children's MN have offered to join the collaborative as voting members. Susie shared that she is excited to officially join, she has been with Family Wise for 10 years, and she is particularly excited about the system of care work. Laura shared that Patricia Vitale is the system-wide Mental Health Manager at Children's MN and will be stepping into Jamie Winter's previous role. She has shared that she is also interested in the system of care work and wants to engage others in this work.
 - Pat Dale moved to approve Susie Voss as an alternate and Patricia Vitale as a voting member. Krista seconded. Motion approved.
- Approval of Co-Chair
 - Angela shared that it is time to vote on Pat's position as a co-chair, he has exited from Youable but remains a great member of the collaborative and has offered to stay on. Cindy moved to continue Pat Dale as co-chair, and Andria Blade seconded. Motion approved.

- Laura shared that Karen Malka, who has been with the collaborative for 12 years and served as a co-chair of the PCLG is leaving. She joined when her children were elementary-aged and shared she is leaving now because they are adults. Karen has shared that the PCLG was very meaningful to her.
- 2024 Meeting Schedule
 - Angela shared that she feels the resources and time that go into preparing for the Governance Committee are significant and that she feels bimonthly meetings could allow for more robust conversations and greater participation. Rachel shared that we have discussed this in the past and many shared that they felt we need to meet monthly due to the important nature of the work. Angela noted that this is a coordinating body, and by having more time between meetings we could allow for more work to be done behind the scenes during that time. Meredith shared that she likes the idea of doing more work between meetings to lessen the administrative burden on the coordinating team. She feels the expectations and responsibilities would need to be laid out for participants to do between meetings for this to be successful. Angela shared that the administrative burden for these meetings takes up so much time and resources when we don't deliver services during these meetings. Cindy shared she is concerned about what we do with these meetings. They are currently used as a reporting function, but we want to use this opportunity to engage the voices of the people attending these meetings. Cindy shared that it will be important to focus on how are we using these meetings to advance the work, and other strategies we can do to build relationships and use our time. Angela shared that she feels too much of our meeting time is being taken up by updates, and shared that she wants to know that our meeting time is being used to advance the mission through planning and engaging.
 - Mark Sander shared that since he has been a part of the collaborative, we have used Robert's Rules of Order to approve motions and asked if this is necessary. Angela shared that she is intentional about her time and feels like these meetings are not always engagement, but an opportunity to share information and do business and asks if we can look at different ways to operationalize our time and build relationships. Pat suggested we get people thinking about this idea now, evaluate how productive this group is during our meeting times, and bring it back for discussion later in the year. Laura shared that utilizing Robert's Rules of Order is necessary because we are required to follow open meeting laws and track our meetings and discussions for public record.
 - Fatima Muhammad thanked Angela for bringing the power of her voice forward and for keeping us on track. Angela shared that she hopes to discuss this further at the executive level and come back with a potential plan. Laura shared that the executive committee has committed to shortening their meeting time from two hours to 90 minutes, and we as a governance committee could shorten our meeting times from 90 minutes to one hour if nothing else. Furthermore, Laura shared that we could also do a meeting schedule where every other month we

focus on updates and business, and in the in-between months, we utilize meeting time for workgroup discussions.

New Data on Children's Mental Health in Hennepin County

- Cheryl Holm-Hansen shared some highlights from the 2022 Hennepin County Student Survey Data.
 - Cheryl prefaced that this is an imperfect data source. The survey shows that self-reporting of long-term mental health problems among students has been steadily increasing. Of these students, one in three ninth graders and one in four eleventh graders report never receiving mental health treatment. The survey illustrates disparities in the level of reported long-term mental health issues among students of different cultures. 48% of American Indian and Alaskan Native students reported long-term mental health issues. Whereas only 26% of Black, African, and African American students reported long-term mental health issues. Cheryl noted that these differences may be in part due to different cultural beliefs regarding mental health. Data also shows disparities in the level of reported long-term mental health issues among students of different gender identities, with non-binary, gender non-conforming, and trans students reporting the highest levels. 25% of all eleventh-grade students reported considering suicide at some point, with similar disparities arising amongst demographics. Most students report feeling safe at school and in their neighborhood. However, most students report feeling safer in their neighborhood than they do at school. Perceived neighborhood safety is lower for Latine and American Indian/ Alaskan Native youth.
 - Krista noted that Minneapolis students were not included in this survey.
 - Laura shared that she feels the data highlights the importance of the work that we are doing with the family response and stabilization services through Hennepin county as well as Fatima's work in better connected BIPOC families with children's mental health services. The data showing who is less likely to access services is extremely important in how we continue to expand the scope. Meredith shared that she is curious about thinking about this from an asset based approach. Sense of safety in neighborhoods is relatively high likely because of trusted adults, family, neighbors, sense of community and belonging. Meredith asked how we build on these things to bolster safety and mental health. Brandon shared that he is alarmed by the high percentage of students who do not feel safe. Mark highlighted that he wonders how we can elevate the conversation about school safety, school-based mental health and other mental health intersections and what organizing the collaborative can do to support school safety. Julia Messenger shared that she feels a crucial part of students feeling safe in school welcoming and inviting staff and teachers. Ongoing, monthly connection and reflection is crucial in supporting the staff that support these children. Laura noted that we also have data from families, parents, and caregivers about their children's perceived mental health needs and it will be interesting to see how these intersect when that data is ready. Laura also

highlighted the importance of peer support for parents and caregivers with children with mental health needs. It is hard to navigate how to care for one's self, one's family, and one's community when they have a child with persistent mental health needs and peer support fosters supportive relationships that help guide this process.

Work Plan Progress, 2024 Priorities and Budget Request

- Preliminary 2024 Priorities
 - Youth Mental Health First Aid Budget Request
 - Laura shared that YMCA Beacons has stepped forward and offered to take up being our lead partner in Youth Mental Health First Aid training in 2024. We are proposing to budget for up to \$30,000 for Youth Mental Health First Aid training in 2024. Pat moved to approve the reallocation of funds to allow up to \$30,000 for Youth Mental Health First Aid training in 2024, and Angela seconded. Motion approved.

Adjournment

- Krista moved to adjourn the meeting, and Andria seconded. Meeting adjourned.