

Governance Committee Meeting Agenda

Wednesday, August 17, 2022, 3:30 – 5:00pm

<https://us02web.zoom.us/j/85891903788?pwd=L2h4WWI5cXhsSTFvaG1vTk1jVzViUT09>

(Call +1.312.626.6799 | Meeting ID: 858 9190 3788 | Passcode: 913788)

- 3:30 **Welcome & Approval of Meeting Minutes & Agenda - Pat Dale**
Provide welcome to new members and guests and provide overview of expectation of voting members and guests. Approve minutes and agenda.
(Meeting materials: June 2022 Meeting Minutes, August 2022 Agenda)
- 3:40 **Parent Catalyst Leadership Group Activities & Expanded Parent Engagement Opportunities**
Discuss PCLG activities and respond to questions
- New members
 - Let's Talk About It
 - Wellness Action Planning: Past & Future Opportunities
 - Expanded Parent Engagement Opportunities (Mental Health Connect, Shiloh Temple Ministries, Paulette Madar, other)
- 4:10 **Business & Workgroup Updates and - Pat Dale**
Review and discuss business updates and provide input to workgroups and preliminary budget planning.
(Meeting materials: 2022 Budget & Year-to-Date Actuals)
- Workgroup Updates (Parent-Driven Workgroup, Peer Support Workgroup, Awareness Building Workgroup, & Youth Serving Programs)
 - Executive Committee Members
 - Collaborative Evaluation
 - 2022 Budget Review & 2023 Budget
- 4:45 **Partner Updates - Pat Dale**
- 5:00 **Adjourn**

Mission Statement: The CMHC provides a forum for a diverse and representative group of system stakeholders to influence the development and ongoing operation of an accessible and effective children's mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children's mental health system by embracing the system of care principles and available research on children's mental health services.

Contact CMHC Co-Coordinator, [Laura](#), with any questions

Governance Committee Meeting Minutes

June 16, 2022

Present: Pat Dale, Asad Dahir, Maria Tripeny, Jamie Winter, Safiya Mohamed, Andria Blade, Cathy Rude, Susie Voss, Cindy Slowiak, Karen Malka, Angela Watts, Michelle Langenfeld, Deborah Wells, Mark Sander, Kc Gammage, Stacy McClendon, Jody Nelson, and Monica Long
Staff: Laura LaCroix-Dalluhn, Cati Gómez, Cheryl Holm-Hansen, and Margaret Sullivan

Announcements

- Andria Blade of Hennepin County and Jamie Winter of Children's Minnesota are attending as new members today.

Approval of Meeting Minutes & Agenda

- Jody N moved to approve the May minutes. Deborah W seconded the motion. Motion approved.
- Pat D amended the agenda to include "Family Service & Children's Mental Health Collaborative Coordinator Update". With that change, Angela W moved to approve the amended June agenda. Cindy S seconded the motion. Motion approved.

Business & Workgroup Updates

- New collaborative members
 - Pat D and Laura L-D led a vote on new collaborative members.
 - Julia Messenger will be voted on as being our new Anoka-Hennepin representative, replacing Dr. Michelle Langenfeld.
 - Andria Blade will be voted on to replace Stacy McClendon for Hennepin County LCTS Admin.
 - Meg Schrafft will be Andria Blade's alternate.
 - Jamie Winter will be voted on as a third at-large community member.
 - Cindy S moved to approve all new Governance Committee member and alternate nominations as a group. Angela W seconded the motion. Motion approved.
- Expanding and Diversifying the Executive Committee of the Collaborative
 - Pat D introduced the idea of expanding and diversifying the Executive Committee of the collaborative.
 - Currently, the Executive Committee consists of one provider representative, one school representative, one Hennepin County representative, and one family service collaborative representative.
 - We would like to expand the Executive Committee by 2-4 individuals to include some of our BIPOC Governance Committee members as well as a parent or two on the Executive Committee. Pat D asked for volunteers or nominations from those present. No suggestions or nominations were offered.
 - Maria T moved to expand the executive committee by up to 4 individuals to be added over time. Angela W seconded the motion. Motion approved.

- July Governance Committee
 - Pat D proposed that the July governance committee meeting be canceled to allow workgroups to meet and have the workgroups provide preliminary reports when we return in August.
 - Deborah W moved to cancel the July Governance Committee Meeting. Jody Nelson seconded the motion. Motion approved.
- Workgroups Updates.
 - Laura L-D stated three workgroups were established to review the recommendations of the journey mapping work and make recommendations to the Collaborative on next steps.
 - The Parent-Driven Workgroup will be staffed by Cheryl Holm-Hansen.
 - This group will be meeting the last week of June or the first week of July.
 - The Peer Support and Navigational Workgroup will be staffed by Margaret Sullivan.
 - This group's first meeting is on July 17.
 - The Awareness Workgroup will be merged with the service continuum workgroup and staffed by Laura LaCroix-Dalluhn.
 - This group will meet some time end of June as well as mid-July.
 - The Healing Circle Ad-hoc committee will meet again in August after taking a short break to discuss next steps.
- Family Service & Children's Mental Health Collaborative Coordinator Updates
 - Some of the family service collaboratives in Hennepin County are facing problems hiring and filling the coordinator positions. Collaborative staffing approaches are being discussed to ensure that each collaborative has the resources needed. Laura asked if anyone attending today had any ideas on how to support these collaboratives across the County.

Parent Catalyst Leadership Group Activities and Updates

- Margaret S provided an update on the parent support groups
 - Planning for Let's Talk About Its sessions are underway for the year
 - Cathy R shared that there is a PACER workgroup for parent leadership and advocacy training.
 - Liz Gronert is still working on a version of the wellness action planning group to be hosted in July 2022

System of Care Training Needs & Opportunities

- Pat D asked to brainstorm potential training needs and opportunities related to implementing System of Care and respond to parent input on their experience entering the children's mental health system.
- Cindy S shared that with System of Care work, people often think of it as a continuum of mental health services whereas System of Care is more a set of values and principles or a framework that communities utilize to organize services. We are continuing to move this work forward; it is a concept we understand in layers.
- Laura L-D shared her thoughts, our system currently focuses on intervention and recovery, and it's really hard to change a system that doesn't value prevention. We don't have enough shared value in investing early, because people tend to think that others should take care of

themselves. Interventions can be traumatic within themselves, and we need to find ways that families can access support and services earlier that help the entire family. Laura shared that in 2020 when HCCMHC gave small grants to families, the collaborative learned so much about how families ask for help and depending on how or where families ask for help, they may not receive any. Laura then asked if anyone had any good starting points to shape this work.

- Maria T asked if there was a short presentation on System of Care around 30 minutes or so to share with parents. If not, could we get one so that we can share it with others?
- Cindy S suggested having a system of care presentation that is geared towards parents and practically focused. Parents understand System of Care more than anyone else because they are forced to fit into it.
- Mark S shared that for him, System of Care has two parts, one is a system of services and the other is a set of values and principles. This can at times get complicated or confusing because of the two parts. How do we unpack the different aspects of System of Care while still offering comprehensive information?
- Laura L-D asked if it made sense to offer co-training specifically for schools as they attempt to respond to increased needs.
- Mark S responded that this work is already beginning to be done in schools, and providers are stretched right now.
- Asad D said that in his experience, families need help with family conflict, school issues, and aggression. School issues play a big part in community struggles. Mobile response is starting small, and they are trying to build up. School needs are more now than before.
- Angela W stated that what happens in schools is a continuum of what happens in the community and homes. I would encourage us to think about a balanced approach starting with the community.
- Dr. Langenfeld agrees with Angela W and asked how we engage in conversations with trusted community partners.
- Andria B asked if we ever lobbied as a Collaborative to get more attention statewide.
- Laura L-D answered Andria's question, we have not lobbied as a collaborative because we are federally funded. If we were to bring in private funding, we could consider it and amend our bylaws. We can advocate and work on system change work, but we have to rely on community partners to lobby at this time.

Adjournment

- Cindy S moved to adjourn. Monica Long seconded the motion. Motion approved, meeting adjourned.

**Hennepin County Children's Mental Health Collaborative
Jan 1-June 30, 2022**

	Budget 2022	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Total Billed YTD	Balance remaining
Coordination Team									
CMHC Lead Coordinator - LaCroix-Dalluhn Consulting	\$ 75,000	\$ 6,250.00	\$ 6,250.00	\$ 6,250.00	\$ 6,250.00	\$ 6,250.00	\$ 6,250.00	\$ 37,500.00	\$ 37,500.00
Community Research Solutions: General Support for CMHC	\$ 25,000	\$ 2,512.50	\$ 2,241.25	\$ 6,112.50	\$ 1,912.50	\$ 1,612.50	\$ 1,256.25	\$ 15,647.50	\$ 9,352.50
Grant writer	\$ 4,000							\$ -	\$ 4,000.00
Total Coordination Team	\$ 104,000	\$ 8,762.50	\$ 8,491.25	\$ 12,362.50	\$ 8,162.50	\$ 7,862.50	\$ 7,506.25	\$ 53,147.50	\$ 50,852.50
Parent Catalyst Leadership Group (PCLG)									
Coordinator - Margaret Sullivan	\$ 30,000	\$ 2,040.00	\$ 2,360.00	\$ 3,660.00	\$ 2,420.00	\$ 2,900.00	\$ 2,980.00	\$ 16,360.00	\$ 13,640.00
Parent Participation/Engagement - meeting stipends, travel	\$ 19,000	\$ 750.00	\$ 1,000.00	\$ 1,250.00	\$ 950.00	\$ 1,500.00	\$ 450.00	\$ 5,900.00	\$ 13,100.00
HCCMHC Parent Participation/Engagement - meeting stipends, travel	\$ 6,000			\$ 350.00	\$ 150.00		\$ 200.00	\$ 700.00	\$ 5,300.00
Outreach - support groups, projects, events, resource materials, printing, etc.	\$ 8,000	\$ 3.56		\$ 150.00			\$ 21.76	\$ 175.32	\$ 7,824.68
Total Parent Catalyst Leadership Group	\$ 63,000	\$ 2,793.56	\$ 3,360.00	\$ 5,410.00	\$ 3,520.00	\$ 4,400.00	\$ 3,651.76	\$ 23,135.32	\$ 39,864.68
Program & Operating Expenses									
CMHC General Support	\$ 15,000			\$ 8.70				\$ 8.70	\$ 14,991.30
Scholarship/Training	\$ 15,000					\$ 720.00		\$ 720.00	\$ 14,280.00
System of Care Pilot/Project Funding - Journey Mapping \$500	\$ 200,000	\$ 200.00			\$ 300.00			\$ 500.00	\$ 199,500.00
Fiscal Agent Fee	\$ 4,800	\$ 400.00	\$ 400.00	\$ 400.00	\$ 400.00	\$ 400.00	\$ 400.00	\$ 2,400.00	\$ 2,400.00
Total Program & Operating Expenses	\$ 234,800	\$ 600.00	\$ 400.00	\$ 408.70	\$ 700.00	\$ 1,120.00	\$ 400.00	\$ 3,628.70	\$ 231,171.30
Total	\$ 401,800	\$ 12,156.06	\$ 12,251.25	\$ 18,181.20	\$ 12,382.50	\$ 13,382.50	\$ 11,558.01	\$ 79,911.52	\$ 321,888.48

Governance Committee Meeting Minutes

August 17, 2022

In Attendance: Pat Dale, Liz Gronert, Andria Blade, Aric Jensen, Tonya Allen, Angela Watts, Maria Tripney, Meredith Martinez, Krista Phillips, Jim Grathwol, Cindy Slowiak, Jenna Mitchler, Susie Voss, Brandon Jones, Debbie Wells, Mark Sander, Monica Long, and Rachel Harris.

Staff: Laura LaCroix-Dalluhn, Margaret Sullivan, and Cheryl Holm-Hansen.

Welcome & Approval of Meeting Minutes & Agenda

- Monica L. motioned to approve the June minutes, and Cindy S. seconded. All in favor, motion approved.
- Angela W. made a motion to approve the agenda with the addition of a vote for increasing youth violence prevention funding from \$19,000 to \$20,000, and Krista P. seconded. All in favor, agenda amended and approved.

Parent Catalyst Leadership Group Activities & Expanded Parent Engagement Opportunities

- Margaret S. provided an update of PCLG.
 - Let's Talk About It last month on parenting Trans and Gender-expansive youth
 - We hope to offer a couple more sessions for parents on gender-expansive youth. We are looking for organizations that might want to partner with us or help recruit parents.
 - The next Let's Talk About It will be on September 20th
 - This month we had a Wellness Recovery Action Planning workshop (WRAP), which was very well received by participants.
 - Liz G. shared that she is wondering how to go forward with WRAP and how we can best utilize it.
 - Margaret shared that WRAP takes 2 days or 8 2-hour sessions.
 - Laura L-D asked for suggestions. Many people expressed interest and excitement in the WRAP training, so we are looking to hear if people think that their agency would be interested in providing this service to families and what they think about it.
 - Angela shared that she has experience with WRAP and feels that it is exciting and effective.
 - Pat D. suggested that the training could take place over a weekend to make it more accessible for people to attend.
 - Margaret and Liz both feel that the 2-day approach has been better in the past even though they are long days. Liz feels that should not be more than a week between the 2 days of training.
 - Pat asked if there was a targeted group size. Margaret and Liz answered that 12 people should be the maximum and 5 people should be the minimum.

- Laura asked if it would be helpful for the collaborative to identify individuals to train to do this work so we can offer the training on a more regular basis. Laura also asked if it makes sense to partner with some of our family service collaboratives to make it more specifically targeted to communities.
 - Krista shared that she did not know enough about it to answer that, Angela and Rachel H. agree.
- Liz shared that it takes 40 hours to be trained to facilitate WRAP training.
- Pat asked if others thought it would be helpful to have a video or someone vouching for this training to take place for different agencies.
- Debbie W. feels that it would be helpful to have someone vouch for it and a video would work great.
- Liz shared that PCLG has been doing WRAP and said that this could be a way of bringing the parent support through in the collaborative.
- Angela Watts shared that she is happy to vouch for WRAP training.
- Liz stated that she will share reviews and comments from parents who have completed the training to utilize while vouching for it.
- Laura shared that we are trying to expand the options for parent engagement.
 - Mental Health Connect is a coalition of 30 to 40 faith-based organizations that want to increase knowledge on children's mental health, first aid, and other topics. We are meeting with them to discuss how to connect around children's mental health and share space with them without moving into the faith world.
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Business & Workgroup Updates

- Cheryl H-H. provided an overview of the parent-driven workgroup
 - This workgroup focuses on the aspects of the journey mapping process related to parents' experiences in the system.
 - This group has finished the concept paper, basically proposing a 3-part strategy focusing primarily but not exclusively on providers found below.
 - Compiling a toolkit for family-driven care
 - Educational programs for parents
 - Developing a learning collaborative model for providers where they can participate in interactive training and reflections to boost their family-driven practices.
 - Angela asked how long this process would be, and Cheryl said 9 months to a year.
- Laura provided an overview of the awareness of services workgroup.
 - Laura offered to include NAMI and MACMH in this discussion.
 - Laura also suggested that we could work with google analytics to get parents to these resources.
 - Meredith M. said it would be helpful to walk parents through strategies, in the moment decision-making practice sessions to help them manage behaviors or challenges that happen repeatedly.

- Brandon shared that MACMH is considering a video guide and/or a graphic novel.
- Margaret provided an overview of the peer support workgroup.
 - We are still working on our plan, but we are discussing training parents to be peer mentors to help with navigational skills, mentoring support, supportive listening, providing targeted research.
- Executive Committee Members
 - In June we agreed to add up to 4 more people. We wanted diversity of experience, BIPOC Members and males. We still have one parent positions open. The above may include parents.
 - Andria Blade agreed to join the Executive Committee, she will do so in September 2022. We are still looking for additional members and wanted to provide time for questions or comments.
- Collaborative Evaluation
 - Cheryl will begin evaluation of collaborative activities and sponsored events. We are asking everyone to please take the time to respond.

2022 Budget Review

- Laura went over the budget as of June 30th.
 - In 2022, the Collaborative budgeted \$15,000 for scholarships and training, with \$7,000 for scholarships, training, & sponsorships and \$8,000 for System of Care training. We have fully expended the scholarship and training budget. The executive committee agreed that we should put the money together from scholarships and training.
 - We approved \$19,000 in funding for youth violence prevention and community level mental health supports for youth in Hennepin County through a partnership with the Hennepin County Community Health Improvement Project (CHIP) program. Recently, they requested an additional \$1,000 for expenses. This would increase this budget line to \$20,000.
 - Meredith motioned to change the funding from \$19,000 to \$20,000 and Angela seconded. All in favor, motion approved.
 - In addition to voting on these 2022 budget items, we need to begin planning the 2023 budget. Based on today's updates from our workgroups and parent engagement strategies, we are looking for your suggestions on how to prioritize children's mental health needs in 2023, specifically thinking about adhering to system of care values and principles as well as strategies.

Adjournment

- Krista moved to adjourn, and Jenna seconded. All in favor, motion approved.