

## Executive Committee Meeting Agenda

August 5, 2022

**In Attendance:** Laura LaCroix-Dalluhn, Cati Gómez, Margaret Sullivan, Krista Phillips, and Cindy Slowiak.

### Opening Circle & Approval of June Minutes and August Agenda

- Krista P moved to amend the August Agenda and Cindy S seconded.
- The agenda was amended to have the meeting run from 9 am to 9:45 am and the PCLG updates were removed.
- All in favor, the motion to amend the agenda was approved.
- Krista moved to approve the June minutes and Cindy seconded. All in favor, the June minutes were approved.

### Approval of Scholarships

- Laura LD went over the scholarship budget.
- We put away \$15,000 for scholarships and system of care training, \$7,000 for scholarships, and \$8,000 for system of care training.
- This year, we have approved \$4,110 for scholarships so far.
- We have received \$5,000 in new requests.
- One of the requests is for Kente Circle, which is a conference we have been wanting to prioritize and attend.
  - Kente Circle has requested a sponsorship of \$3,000 which would give us 16 slots for the event.
- Another request is from Mental Health Connect Collaborative.
  - Mental Health Connect requested \$1,000 for training for individuals in faith-based organizations that gather around mental health.
- The last request comes from Fraser.
  - Fraser asked for \$1,000 for a conference.
- If we approve all requests, we will have to move money from system of care training and not be able to provide any more training scholarships for the calendar year.
  - Cindy asked if Kente Circle has a training curriculum that the committee reviewed, and Laura answered no there is no curriculum but they have reviewed the contents.
  - Krista stated that she would be comfortable shifting money from system of care training funds to allow these scholarships.
  - Cindy said that she is also comfortable with this. She does have some concerns about how we would allocate the 16 slots at the Kente Circle conference.
  - Laura stated that previously, we have promoted events like this through our governance committee and encouraged them to have their own staff attend. However, we can change how we go about it.

- Cindy motioned to approve all requested scholarships, and Krista seconded. All were in favor, the motion was approved.

### **Review Collaborative Evaluation Plan**

- Laura reviewed the questions in the collaborative evaluation plan that focus groups and workgroups would be asked.
  - Cindy stated that she thinks the questions look great.

### **Workgroup Updates**

- Margaret gave an overview of the parent-peer support workgroup.
  - Early middle school is where the group wants to intervene.
  - They are running into problems with the logistics of connecting parents to help without overstepping boundaries.
  - They will discuss this more at the next meeting and create a plan to move forward.
  - Cindy shared that she believes that Pacer is more focused on parent advocacy related to school things, so they may already do something like this.
  - Margaret said that some organizations like Pacer feel like they own the parents they have trained.
  - Krista asked if they would be trying to identify parents that could become peer supports or parents that need the support.
  - Margaret answered that they would be looking for both.
  - Cindy shared that what she is hearing is it is hard to do this training with something to plug people into. Can we train and provide support simultaneously?
  - Laura shared that in another workgroup it was brought up that using community ed opportunities might be a way to do the training. If we utilized community ed we could have parents that are educated on peer support in all districts.
  - Laura asked if the next steps would be identifying a group to help us lead the training and identifying what would be trained.
  - Margaret answered that she would like to leave it up to the parents.
  - Krista shared that if they went the community ed route, they would have to plan months in advance. October is the cutoff for winter, spring, and summer activities.
- Laura gave an overview of the building awareness workgroup
  - We are focusing on parents' struggle with the system, how to access help, and the issues they face within the system.
  - We were excited to learn about the information campaign, there will be mental health awareness campaign with youth being targeted.
  - We want to come up with an information guide and other tools that are accessible to parents. We could look at google analytics to help with their search and drive them towards resources quicker.
  - Cindy shared that she feels that this will work well but will work better with white parents as with much of our work.

- Laura shared that the workgroup itself is pretty culturally diverse and agrees that it is something we need to be mindful of.
- This version of summaries has not yet been signed off on by the committees themselves.
- Laura went over the family-driven care workgroup.
  - This group has discussed having a learning collaborative for organizations to learn more about parent-driven strategies and how to implement them in their own organizations as well as a tool kit.
  - We do have parents engaged in all workgroups.
  - People at the table want us to be mindful that what the parent wants and what youth wants are not always the same and if we always focus on the parents we will miss out on connecting with the youth.
  - We had a meeting with youth organizations, they are super excited about the possibility of working with us and already have ideas around mental health first aid training and reframing mental health.

### **Adjournment**

- Cindy moved to adjourn.

## Executive Committee Meeting Minutes

June 3, 2022

**Present:** Dr. Jenna Mitchler, Krista Phillips, Cheryl Holm-Hansen, Laura LaCroix-Dalluhn, & Margaret Sullivan

### Approval of May Minutes and June Agenda

- Dr. Jenna M moved to approve the May Minutes. Krista P seconded. Motion approved.
- Krista moved to approve the June agenda. Dr. Jenna M seconded. Motion approved.

### Coordination Team Updates & Actions

- Laura L-D gave an overview of the recent scholarship requests
- Krista P moved for approval of the recommendation of \$2400 in scholarships. Dr. Jenna M seconded. Motion approved.
- Laura L-D reviewed and discussed new Executive and Governance Committee Members for a vote in June
  - Andria Blade has been recommended to fill the Stacy's role with Meg as an alternate.
  - Jamie Winter is willing to start sitting in on the governance committee in June.
  - Margaret asked if they are looking to replace Rochelle Cox because of her new role. Laura said she'd follow up.
  - Laura L-D suggested we expand the committee and have a parent or two join. This can be Jen Hack, from PCLG, or other parents. Margaret S will follow up with Jen.
  - We are also looking for Ad-hoc members, hopefully, we could increase cultural and gender diversity within the team. Laura will ask during Governance Committee.
- Meeting schedules
  - Laura L-D recommended canceling July Executive and Governance Committees to focus on work groups.
  - Krista P moved to cancel the July Executive Committee meeting and Dr. Jenna M seconded. Motion approved.
  - Canceling the July Governance meeting will be recommended to the Governance committee.
- Work groups and Leadership Discussion
  - Krista P said having staff support will be really helpful. Also, it will help provide consistency in communication.
  - Knowing what is expected of the chair will be helpful.
  - If no one steps forward, it is okay for staff to step forward.
  - Workgroups will report back to the governance committee in August.
- System of Care Training and Technical Assistance Recommendations

- Laura L-D stated she wanted us to do some brainstorming about what our training needs are.
- Laura L-D discussed the idea of training to help us think about moving upstream when policies fund intervention and late-end services and parent engagement.
- Sharing our system of care work with the community at large would be beneficial.
- Sharing the work Hennepin County has done with ARPA funds, maternal health, and birth outcomes through late-end intervention would also be beneficial.

### **Parent Catalyst Leadership Group Updates**

- Leadership Changes
  - With Liz Gronert leaving, there is a new Co-Chair, Mel.
  - Doing heavy recruiting as we are down to six people.
- Current and Future Activities and Priorities
  - Exploring support for a new parent support group in the Somali group
  - WRAP = Liz will offer a WRAP session likely in July
    - Margaret will renew her credentials so she can take part
- Let's Talk About It
  - Gender Expansive Youth
  - Emergency Responses
    - Vital Apps used by parents
  - Special Education
- Krista suggested having a quarterly plan for PCLG training
- Margaret responded saying they are working on setting a quarterly plan up.
- Margaret mentioned that big issue topics might be harder for the PCLG to lead and may be better for the Collaborative to lead.

**The meeting was adjourned.**

## Executive Committee Meeting Agenda

August 5, 2022 | 9:00-10:30 am

<https://us02web.zoom.us/j/89625827320>

Meeting ID: 896 2582 7320 | Dial by your location (phone only or audio): +1.312.626.6799

9:00 **Opening Circle & Approval of June Minutes and August Agenda** (5 min)

*Materials: June Minutes and August Agenda*

9:05 **Parent Catalyst Leadership Group Updates** (15) – Margaret Sullivan

- Current and Future Activities and Priorities
- Recruitment
- Other

9:20 **Coordination Team Updates & Actions** (60 min) – Laura LaCroix-Dalluhn, Cheryl Holm-Hansen and Margaret Sullivan

*Materials: Draft Collaborative Evaluation, Scholarship Requests & 2022 Budget-to-Date*

- Collaborative Evaluation Plan (Review and Approve) – Cheryl Holm-Hansen
- Approve scholarship requests with budget approval - Laura
- Workgroups Updates – Laura LaCroix-Dalluhn, Cheryl Holm-Hansen, and Margaret Sullivan
- Parent Engagement Opportunities - Laura
- 2023 Budget - Laura

10:20 **Next Steps** – Laura

10:30 **Adjourn**