

Hennepin County Children's Mental Health Collaborative (CMHC)

Executive Committee Meeting Agenda

January 13, 2022 | 10am-12pm

<https://us02web.zoom.us/j/84446655669>

Meeting ID: 844 4665 5669 | Password: 913788 | Dial by your location (phone only or audio): +1 312 626 6799

10:00 **Opening Circle & Approval of November & December Minutes and January Agenda** (10 min) – Liz Gronert

What's some good news you have to share?

Krista/Pat move to approve the November minutes. Motion approved.

Jenna/Pat move to approve the December Strategy Session Minutes. Motion approved.

Pat/Krista move to approve the January Agenda. Motion approved.

Check in opening circle:

- Liz, daughter made deans list and allowed into SW program
- Margaret, both kids have college diplomas
- Cheryl, both children have booster shots and feeling good about work stuff
- Tonya, swimming meet was last night
- Jenna, we still have kids in school in Bloomington (only 7% absentee rate)
- Pat, getting to watch granddaughter
- Cindy, family is covid free and packers are on playoff
- Krista, happy it Thursday and daughter will have birthday off
- Laura, don't have covid and happy to discuss collaborative opportunities

10:10 **2022 Work Plan and Strategy Screen** (50 min) – Pat Dale

Materials: 2022 workplan, strategy screen, strategy session notes

- Review updated workplan and discuss ideas generated during the December strategy session
- Review strategy screen, prioritize and/or remove strategies

Talking Points for Work Plan

- Our goal today is to review the updated work plan, discuss new additions and then prioritize the work of the Collaborative in 2022
- Laura will walk us through the updated work plan and highlight ideas that were generated during the December strategy session
- Our hope is to have a clearer direction for staff to begin work in 2022, using the new strategy screen.

Discussion:

- Laura highlighted items on 2022 work plan that require additional discussion
- Cheryl spoke to need for ad hoc committee to help prepare for the data summit and how we strategically utilize information from these three groups participate.
- Parent training will be informed and begin after the data summit

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- Youth voice and engagement: Laura suggested a workgroup to define what this looks like. Desola suggested Irreducible Grace as a team of youth who are trained. Cindy, We need to define what the engagement is about. We want to be sure we clear and thoughtful about what we want and need. Tonya, how can we intentionally prioritize the needs of BIPOC families and start making a difference in the lives of families.

Talking Point for Strategy Screen

- We want to review the draft strategy screen today and work to ensure we have the “right” amount and types of considerations in this screening tool.
- We will attempt to use the strategy screen when prioritizing the 2022 work plan

Questions for Executive Committee

- What do we want to bring back to the Governance Committee for approval next week?
- A final work plan to approve? Or, do we engage them in the priority discussion using the strategy screen?

11:00 **Parent Catalyst Leadership Group Updates** (15 min) – Liz Gronert & Margaret Sullivan

Suggested Updates

Updates on Interest in Parent Support Group
 Parent Recruitment
 New Let’s Talk About It Series
 Other

11:15 **Recruitment Updates** (20 min) – Liz Gronert

- Discuss parent recruitment and notes from recruitment committee regarding establishing a buddy for new members
- Discuss new community partner options

Talking Points

- **Recruitment for parent representatives** began last fall, with the goal of increasing parent participation in Collaborative decision-making. We were specifically looking to recruit BIPOC families to increase diversity in perspective and experience. Outreach was made through the Governance Committee and newsletters.
- Three parents were identified by Collaborative parents, two expressed interest after learning more about the Collaborative and interviewed by Laura and Margaret. All interested parents were offered the opportunity to engage with the Collaborative through the Governance Committee and with PCLG or PCLG activities.
- The Recruitment Committee is recommending we pair each new parent, and new partner, with a ‘buddy’ who will agree to check in with the new representative at least quarterly.
- Both parents are white, and have been recommended to the Recruitment Committee for consideration with the goal of continuing to recruit BIPOC parents. **We are bringing this to your attention because we are scheduled to vote on both parents during our January Governance Committee and wanted feedback and comments on recommendations to-date. We are trying to balance the interest of two new parents and our desire to increase diversity and move toward equity.**
- **Recruitment for new community partners** also began last fall. A case manager from Washburn expressed interest and wanted to connect with another provider to learn more. Laura is recommending new providers attend a Governance Committee and meet with another provider before deciding

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whether or not this is a good fit for them as an initial onboarding process. **We are looking for feedback on this process.**

11:35 **Journey Mapping Updates** (15 min) – Pat Dale & Cheryl Holm-Hanson

- Updates on journey mapping (may need to dedicate up to \$500 for pilot) and we want to establish an ad hoc committee to help plan the data summit

Talking Points

- We will need to approve a small portion of the Project Budget to cover final expenses for Journey Mapping, which primarily includes stipends for parents and interviewer.
- Cheryl is requesting an Ad Hoc Data Summit Committee. We'd like approval from this committee and we will begin recruiting at the Governance Committee next week. We would like to recruit from community partners beyond Governance Committee members.
- Cheryl will give a brief update on the timeline today, and will share more analysis next month.

11:50 **Business Updates** (10 min) – Pat Dale & Laura LaCroix-Dalluhn

- Share financing framework meeting date and make plan to connect with other FSCs
- Contracts with HCCMHC staff

12:00 **Adjourn**

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2022 Draft Work Priorities v. 4

December 6, 2021

Goal	Preliminary Work Priorities	Description	Timeline
Increase data-driven decision making to improve the children's mental health service system	<ol style="list-style-type: none"> 1. Data Summit 2. Data Dashboard 3. Prioritize learning from journey mapping to inform <i>how</i> we do our work and layer with data from service continuum mapping and data dashboard for alignment and synergy 	<p>Use data from journey map, dashboard, and service continuum to improve access to services and/or experiences with children's mental health services</p> <p>Update and manage dashboard data <i>and consider data support for Family Service Collaboratives</i></p> <p><i>We need to decide if we will host this meeting in person or online.</i></p>	March 2022
Improve the lives of families and children through increased access to information and services	<ol style="list-style-type: none"> 1. Parent engagement 2. Parent training 3. Youth Training & Engagement 4. Service continuum mapping 	<ol style="list-style-type: none"> 1. Include and engage new underrepresented families and groups in the Collaborative 2.1 Increase mental health literacy of parents 2.2. Explore/fund navigators 2.3. Use data summit info 2.4. Expand peer support to parents (train the trainer model to increase sustainability – possibly in each Family Service Collaborative area and <i>consider evaluation of this project</i>) 3.1. Increase access to mental health literacy for youth 3.2. Create listening sessions for youth 4. Develop tool and/or training to inform access to system; sample tools/resources include Autism Portal, Help Me Connect, etc. 	Jan-Dec 2022
Improve coordination of and access to children's mental health services	<ol style="list-style-type: none"> 1. Establish Work groups to manage access and coordination issues 	<ol style="list-style-type: none"> 1.1. Reestablish Children's Mental Health Provider Committee to improve coordination and access 1.2 Start work group for pediatricians to help improve access and 	Jan-Dec 2022

		<p>referrals to children’s mental health services</p> <p>1.3 BIPOC providers (discuss whether a separate group would be helpful to them)</p> <p>1.4 Convene key stakeholders to address critical issues within the children’s mental health system, e.g. Issues with private payors, working across service delivery systems</p>	
	2. Navigation Support	<p>2.1. How do we best connect directly with children, youth and families?</p> <p>2.2. Work with providers to share navigational supports to families</p>	
	3. Care Coordination	3. Explore piloting wrap around “light” services to families	
	4. Service continuum mapping	4. Develop tool and/or training to inform access to system; sample tools/resources include Autism Portal, Help Me Connect, etc.	
Other	Evaluate the work of the Children’s Mental Health Collaborative		

Possible Activities and/or Pilots for Discussion:

1. Backpacks for families in who are not admitted into hospitals
2. Funding to CMH providers to help pay for ancillary services (consider changing scholarships to ancillary servies)

2022 Strategy Screen

December 3, 2021

We will undertake strategies that...

	Parent engagement	Parent training as peer navigators	Service Continuum tool	Convening providers and stakeholders
Define intent of each strategy...				
Are consistent with our system of care values				
Build on, or reinforce, our competitive advantage <ol style="list-style-type: none"> 1. Collaborative table allows people to discuss issues they cannot at work or with their employer because they are beyond their own scope of work but impact their ability to impact their own goals 2. We bring diverse perspective to the table to identify issues and concerns and inform solutions 3. When functioning as a collaborative we are asset based in our approach 4. We use systems thinking when working on behalf of families 5. We understand how the services and systems work together or don't (or want to discover) 				
Youth and/or families requested these services <u>or increases family and youth voice</u>				
<u>Makes a difference for families</u>				
Does this address an inequity in services?				
Does this address an inequity in access and/or knowledge of how to access?				
Does this address an inequity in the system?				
Builds upon previous work				
We have the capacity (people, time, resources and will) to take on this strategy				
It does not duplicate services, but does align or support other services				
Data supports the need				
Creates opportunities to engage other stakeholders				
Can be prototyped or piloted				

Can be scaled and/or sustained across the county				

DRAFT

Collaborative Strategy Planning Summary
December 3, 2021

What	Notes
<p>Welcome & Overview</p> <p>Welcomed the Executive Committee and thanked Tonya Allen of District 287 for joining the strategy planning session.</p>	<p>Reviewed the goals of the day:</p> <ol style="list-style-type: none"> 1. Review & record progress on implementing system of care goals in Hennepin County 2. Discuss market trends, competition and collaboration and its impact on how advance our mission 3. Review & discuss proposed strategies and actions outlined in 2022 work plan 4. Create a strategy decision-making screen to use when developing key strategies or assessing opportunities 5. Use strategy decision-making tool to prioritize 2022-2023 work priorities
<p>Review & Record Collaborative Progress on System of Care Goals</p> <ol style="list-style-type: none"> 1. Review HCCMHC Theory of Change, which outlines our collaborative strategy. 	<p>We began reviewing the Theory of Change, which outlines our Collaborative strategy. The theory of changes outlines <i>how</i> we will advance our mission, <i>realize</i> our vision, and <i>deliver real value</i> to the Hennepin County community. We will realize our vision and deliver value when successfully navigate competitive and collaborative dynamics.</p> <p>Laura reminded the Executive Committee the Collaborative's vision and mission were developed and adopted in 2019. The goal areas come directly from the system of care literature and represent areas of change. In 2020, we identified our priority outcomes, mechanisms (operational strategies), actions and threats and opportunities when we began the pandemic.</p> <p>Today will review and reaffirm (or amend) the vision and mission. We will then review our draft 2022 strategic priorities. We will attend to the strategies and actions that will lead to change, because ultimately a coordinated set of strategies lead toward change. We will circle back to the outcomes and mechanisms after we discuss our 2022 strategic priorities.</p> <p>What is the role of the collaborative in system of care?</p> <ol style="list-style-type: none"> 1. Conduit and catalyst for change 2. Convening and informing the system with diverse perspectives 3. Focus is greater than any one person, organization or system, allowing us to focus on the full system and full county 4. Leverage community and partner resources to do collective work 5. Coordinating work across systems (we are getting clearer about what this means for us and how to make this work meaningful) 6. Living out system of care values in collaborative work 7. Changing the culture of shared work 8. Parent driven and informed 9. Youth driven and informed, is a focus we need to be more intentional around implementing. We have not been actively seeking this out in meaningful ways.

<p>2. Review 2021 Planning Document & Provide Progress Updates on Impact</p>	<p>Highlights from Theory of Change discussion:</p> <ol style="list-style-type: none"> 1. The language in the vision about a culturally responsive system is outdated. 2. Prefer to use language and take action toward an equitable children’s mental health system 3. An equitable children’s mental health system is about sharing power and includes race, economics and geography. All of which impact educational access and level and other important indicators 4. The current theory of change speaks less to what we are doing to change services 5. Parent leaders are providing some supports but we have limited capacity with our current structure. Too many parents continue to feel alone, isolated and/or discounted. 6. Mechanisms (organizational strategies) don’t feel like they will lead toward change 7. Youth support (or voice) are missing. We need to figure out how to do this, and do it well. We want to focus on youth voice, input and empowerment <p>The Executive Committee voted to amend the vision to remove culturally responsive language from vision and replace with language to drives toward an equitable children’s mental health system.</p> <p>We developed a 2021 Planning Document. We reviewed and discussed the impact of our system of care work in 2021. See summary in 2021 System of Care Impact document.</p>
<p>Discuss Market Trends, Competition and Collaboration Impacting HCCMHC</p> <p>1. Market Awareness (HC’s presentation, DHS SoC, service continuum, increased needs and threats as part of market awareness)</p>	<p>Hennepin County’s Behavior Health’s team has focused on system of care, using the values and data to drive decision-making. Cindy provided an update Hennepin County System of Care. Executive Committee members discussed alignment with the Collaborative’s goals and possibilities to leverage changes.</p> <p>State System of Care efforts. Laura reported the State’s System of Care grant ends Sept 2022. She reported hearing there wasn’t significant progress at a state level. She reported concerns this would not be a viable source of funding due to lack of impact.</p> <p>Competition and Threats Challenges Impacting Collaborative’s Vision, Mission and Goals:</p> <ol style="list-style-type: none"> 1. Increased children’s mental health needs as result of pandemic, racial trauma and violence due to racism, recession, and differentiation in police practices based on race 2. Increased community violence 3. Funding for system of care work is difficult to identify, LCTS funding has limitations and fiscal sponsor has noncompete clause to manage. 4. Workforce wellness 5. Global understanding of health and well-being <p>Advantage Impacting Collaborative’s Vision, Mission and Goals:</p> <ol style="list-style-type: none"> 1. Hennepin County’s behavioral health system of care work is moving along and seen increased funding

<p>2. Identify HCCMHC Competitive Advantage</p> <ul style="list-style-type: none"> a. Our ability to produce social value using unique assets, outstanding execution, or both b. Customer perception is what counts 	<p>2. Dedicated partners in and across the County</p> <p>Hennepin County Children’s Mental Health Collaborative’s Competitive Advantage:</p> <ol style="list-style-type: none"> 1. Collaborative table allows people to discuss issues they cannot at work or with their employer because they are beyond their own scope of work but impact their ability to impact their own goals 2. We bring diverse perspective to the table to identify issues and concerns and inform solutions 3. When functioning as a collaborative we are asset based in our approach 4. We use systems thinking when working on behalf of families 5. We understand how the services and systems work together or don’t (or want to discover) 								
<p>2022 Strategies, Actions and Work Priorities</p> <p>1. Create Strategy Screen</p> <p>Identify the criteria to choose whether or not a particular strategy is consistent with the organization’s identity and purpose.</p> <p>2. Update 2022 Work Priorities with Key Strategies and Actions</p> <p>Small groups report out & capture the work of the group.</p>	<p>Based on our discussion earlier, we went to spend time discussing our 2022 draft priorities</p> <p>The Executive Committee agreed to create a strategy screen to use when making strategy decisions. Laura explained a strategy screen was a set of criteria that the Collaborative would use to choose whether or not a particular strategy is consistent with the Collaborative’s identity and purpose. The criteria must be consistent with the values of the Collaborative and can be used in decision-making. <u>See separate document with draft set of criteria.</u></p> <p>The Executive Committee broke into small groups to further discuss the draft 2022 Work Priorities. Each group was encouraged to consider the criteria from the strategy screen when further defining the 2022 work priorities and whether or not we have the data needed.</p> <p>Small Group One: Improving Lives of Families & Children</p> <table border="1" data-bbox="565 1354 1312 1795"> <thead> <tr> <th>Work priorities</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>Parent Engagement</td> <td> <ul style="list-style-type: none"> • Include & engage new underrepresented families and groups in (TBD) </td> </tr> <tr> <td>Parent Training</td> <td> <ul style="list-style-type: none"> • Increase mental health literacy of parents • Explore/fund navigators • Use data summit info • Expand peer support to parents (train the trainer model to increase sustainability – possibly in each FSC area) </td> </tr> <tr> <td>Youth Training & Engagement</td> <td> <ul style="list-style-type: none"> • Increase access to mental health literacy for youth • Create listening sessions for youth </td> </tr> </tbody> </table> <p>Small Group Two: Improve Coordination of and Access to Children’s Mental Health Services</p>	Work priorities	Description	Parent Engagement	<ul style="list-style-type: none"> • Include & engage new underrepresented families and groups in (TBD) 	Parent Training	<ul style="list-style-type: none"> • Increase mental health literacy of parents • Explore/fund navigators • Use data summit info • Expand peer support to parents (train the trainer model to increase sustainability – possibly in each FSC area) 	Youth Training & Engagement	<ul style="list-style-type: none"> • Increase access to mental health literacy for youth • Create listening sessions for youth
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Work priorities	Description
Workgroups to manage & Coordinate Around Issues	<ul style="list-style-type: none"> • Children’s Mental Health providers (restart group) • Pediatricians • BIPOC providers (discuss whether a separate group would be helpful to them)
Navigation Support	<ul style="list-style-type: none"> • How do we best connect directly with children, youth and families • Work with providers to share navigational supports
Care Coordination	<ul style="list-style-type: none"> • Explore piloting wrap around “light”

Next Steps:
We will continue this discussion in January and bring it back to the Governance Committee for conversation and approval.