

## Governance Committee Meeting Agenda

Wednesday, March 16, 2022, 3:30 – 5:00pm

<https://us02web.zoom.us/j/85891903788?pwd=L2h4WWI5cXhsSTFvaG1vTk1jVzViUT09>

(Call +1.312.626.6799 | Meeting ID: 858 9190 3788 | Passcode: 913788)

### 3:30 **Welcome & Approval of Meeting Minutes & Agenda**

Provide welcome and overview of expectation of voting members and guests. Approve minutes and agenda.

*(Meeting materials: February 2022 meeting minutes, March 2022 agenda)*

### 3:40 **Hennepin County Human Services: 2022 System of Care Strategic Priorities**

*(Meeting materials: Hennepin County Slides: 2022 System of Care Strategic Priorities)*

Cindy Slowiak and Hennepin County team will present on the 2022 System of Care Strategic Priorities and discuss their long-term goals.

- Discuss alignment with 2022 Children's Mental Health Collaborative work plan and opportunities to collaborate
- Identify gaps in strategies and key community partners when reviewing Hennepin County and Children's Mental Health Collaborative goals

### 4:30 **Program and Committee Updates**

- Parent Catalyst Leadership Group Activities
- Community dialogue on improving CMH system
- Supports to Youth and Community Members (follow up on Healing Circles)

### 5:00 **Adjourn**

**Mission Statement:** The CMHC provides a forum for a diverse and representative group of system stakeholders to influence the development and ongoing operation of an accessible and effective children's mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children's mental health system by embracing the system of care principles and available research on children's mental health services.

Contact CMHC Co-Coordinator, [Laura](#), with any questions



## **Governance Committee Meeting Minutes**

February 16, 2022

**Members Present:** Liz Gronert (Co-Chair), Cindy Slowiak, Angela Watts, Asad Dahir, Karen Malka, Pat Dale (Co-Chair), Krista Phillips, Tonya Allen, Stacy McClendon, Dr. Jenna Mitchler, Meredith Martinez, Rachel Harris, Deborah Wells, Wendy Webster, Rob Edwards, and Mark Sander

**Community Partners:** Susie Voss, Raven Baker

**Staff:** Laura LaCroix-Dalluhn, Margaret Sullivan, and Cheryl Holm-Hansen

### **Welcome & Approval of Meeting Minutes and Agenda**

Liz Gronert called the meeting to order.

Angela Watts moved to approve the January minutes; Cindy Slowiak seconded the motion. Motion approved.

Stacy McClendon moved to approve the February agenda; Jenna Mitchler seconded the motion. Motion approved.

### **Reflection on Loss and Violence and its Impact on Mental Health**

Liz Gronert opened by leading reflection on the loss of youth lives to gun violence within the past month and life of staff working to support families in Hennepin County. Liz shared a phrase used in Judaism, "May their memory be for a blessing", that is used to honor the lives of those who are lost and those who are mourning, by saying their name. Liz also shared that this phrase has evolved into other phrases in response to social justice issues, such as, "May their memory be a revolution", often stated to honor George Floyd after he was murdered. She then took a moment to say the names of Jamari Rice, Deshaun Hill, Amir Locke, Elijah Tellex, Pat Avery and an unnamed bus driver.

The Committee reflected together and many shared gratitude for starting out the session by acknowledging these losses in a way that allowed everyone to honor these lives while still focusing on the actions that need to be taken to prevent loss like this in the future. Pat Dale and Asad Dahir agreed that with all the lives that have been lost unjustly, while acknowledging each life individually may be emotional tiring, it is important that we take action in the names of these people to honor their lives. Stacy McClendon added on by saying while there may be risks in taking action, everything comes with a risk, and it is crucial that we are willing to take these risks and fail occasionally in order to make impactful change. Cheryl Holm-Hanson agreed and said that part of the issue is that the narrative around violence often doesn't take mental health into account, and that understanding how an individual's mental health will impact their actions is important when dealing with violent acts. Overall, beginning this session with a reflection was beneficial and had a significant impact on the entire group.

### **Responding to Increased Mental Health Needs**

Laura LaCroix-Dalluhn went over the work plan briefly and the Committee discussed youth and parent engagement strategies to prioritize so that HCCMHC could help respond to increased mental health needs and/or influence change specific to increased violence, and calls from community members to address mental health needs. Much of the 2022 work plan is focused on increasing access to children's mental health services and the experiences of children and families seeking children's mental health services. The Committee agreed there is a clear need to address the increased mental health needs of youth and their families and discussed how to best address these needs.

The Committee discussed increasing access to community healing circles as well as youth healing circles run by youth or trained staff, allowing these youth healing circles to be specifically aimed at youth identified issues and needs. Pat Dale shared he felt that we should provide these services where people already frequent, such as schools, community centers, or churches. Mark Sander stated that while we could have these healing circles at schools, most schools prefer to have their own staff run these events. With that in mind, the Committee discussed possible training of the school staff on how to run these circles properly. Liz Gronert asked if there were already groups training schools on how to run these events and many members of the Committee brought up organizations such as the MN Peacebuilders. Laura LaCroix-Dalluhn then tied this discussion back to the workplan, stated that HCCMHC could increase navigational support so that individuals looking for services like these are able to find them. Stacy McClendon stated that restorative justice groups can be helpful, but we need to ensure that they are being run properly and that these places are able to sustain ongoing conversations and relationships where people can heal. Angela Watts stated we should call on members of the community that are already involved in social issues related to these healing circles and Stacy McClendon agreed. Tonya Allen shared that in her work they have utilized animal therapy, art therapy and she felt including some of these aspects in the healing circles occasionally may be beneficial. Laura LaCroix-Dalluhn wrapped up this discussion by stating that many families in the community are in a state of emergency, so we need to get these services out as soon as possible while still ensuring they are culturally conscious and effective. Laura LaCroix-Dalluhn then suggested they create a workgroup to succeed in getting these services out soon and asked for volunteers. Mark Sander, Angela Watts, Pat Dale, and Rachel Harris volunteered to help.

## **Program and Committee Updates**

- **Parent Catalyst Updates:**
  - Parent Support Group. Karen Malka began by sharing that February's parent support groups were well attended and many parents shared the same issue, not knowing where to find the services their family needs. Margaret Sullivan shared that many children are deemed too aggressive and denied support. Liz Gronert added on by saying that poor mental health history follows individuals around through paperwork and many are denied services because of their history.
  - Let's Talk About It. This event will take place in March and PCLG will host Commissioner Lunde to discuss responding to mental health emergencies.
- **Data Summit Update:** Cheryl Holm-Hanson provided an overview of the data summit. Cheryl stated the data summit is a chance to bridge data with action steps and shared some of the plans on what will be discussed during the data summit. The Committee reviewed possible dates and provided feedback on time of day and whether to host virtually or in person. The Committee asked Cheryl and coordination team to set a date. The Committee decided to host the event online due to ongoing COVID uncertainty.

## **Adjournment**

Krista Phillips moved to adjourn the meeting; Angela Watts seconded the motion. Motion approved.

# Hennepin County Human Services 2022 System of Care Strategic Priorities



# Youth and parent driven

Culturally responsive

Engaged with the community

Integrated

Trauma informed

Data informed



# 3 pillars support System of Care



## Family Response and Stabilization

Culturally specific  
Rapid response



## Wraparound services

Out-of-home  
placement prevention  
About 50 children  
served



## Service continuum

Intensive in-home  
therapy  
Residential crisis  
stabilization  
Case management

# System of Care Funding

Current

DHS

Blue Cross  
Blue Shield  
grant

Property Tax

U Care grant

2022

ARP funding  
(FRSS, School Mental  
Health-SMH, Early  
Childhood)

DHS SoC grant  
dollars  
(High Fidelity  
Wraparound-HFW)

Property Tax  
(HFW, FRSS, SMH)

Public Health Plan  
Billing  
(HFW)

# ARP Funding CMH (2022-23)

- Service Continuum:
  - School mental health (\$2,542,500)
  - Expanding culturally specific mental health services (\$750,000)
  - Family home visiting in early childhood (\$2,000,000)
  - Caring Connections 4Kids (\$2,000,000)
- Juvenile Justice Behavioral Health Initiative (in development) (\$1,150,000)
- Family Response and Stabilization (\$1,500,000)

# SAMHSA System of Care Expansion Grant

1. Expansion of Family Response and Stabilization
  - Family Response: Incrementally expand to a 24/7 operation
  - Family Stabilization: Increase capacity
  - Strategic engagement to expand access
  - Training: Ensuring fidelity to the service model
  - Evaluation
2. Parent and Youth Engagement
  - Develop and implement strategies to engage the voice of parents and youth
  - Engagement represents the cultural diversity of Hennepin County residents
  - Engagement is geographically inclusive of the entire county

# 2022 Strategic Priorities

1. Family Response and Stabilization Service
2. High Fidelity Wraparound
3. School Mental Health Expansion
4. Early Childhood
5. Parent and Youth Engagement
6. Community Engagement

# Family Response and Stabilization Services (FRSS)

# Highlights: Family Response

- Service launched August 26<sup>th</sup>
- Two components:
  - Immediate, in-person support for youth and parents experiencing a crisis due to the youth's emotional or behavioral challenges
  - 8 weeks of stabilization services following the initial contact

# Expansion Plan: Family Response

Leverage ARP funding:

- Expand Family Response capacity
- Contract with culturally specific organizations in the African-American, Native American, Somali, and Latinx communities to provide stabilization services

# High Fidelity Wraparound

# High Fidelity Wraparound Expansion

- VOA: Hiring two additional Wraparound Facilitators
- Hennepin County Operated CMH-TCM: Adding 3 additional case managers and converting 2- 3 existing case managers to do HFW
- Financial Sustainability: Building service to be billable to public health plans (MA-FFS, PMAP)

# Service Continuum

# School Mental Health Expansion

- Expand into schools who currently do not have a school mental health therapist
- Expand into schools where children and families have multiple challenges in accessing community based services
- Expand capacity to meet the needs of BIPOC students and families

# Early Childhood Mental Health Services

- Expand capacity to do developmental and mental health screening for children involved in Child Protection
- Improve access to Early Childhood Mental Health Services by increasing the number of certified providers
- Increase Family Home Visiting models to work with parents of youth children involved in the child protection system

# Outreach and Engagement

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- Parent and Youth Engagement
- Engagement of community stakeholders and partners
- Engagement of culturally specific providers