



Governance Committee Meeting Agenda

Wednesday, February 16, 2022, 3:30 – 5:00pm

<https://us02web.zoom.us/j/85891903788?pwd=L2h4WWI5cXhsSTFvaG1vTk1jVzViUT09>

(Call +1.312.626.6799 | Meeting ID: 858 9190 3788 | Passcode: 913788)

3:30 Welcome & Approval of Meeting Minutes & Agenda

Provide welcome and overview of expectation of voting members and guests. Approve minutes and agenda.

(Meeting materials: January 2022 meeting minutes, February 2022 agenda)

3:40 Reflection on Loss and Violence and its Impact on Mental Health

Reflect on the loss of three young males to gun violence over a two week period and its impact on young people, their families and staff working with youth and families.

4:00 Responding to Increased Mental Health Needs

(Meeting materials: 2022 Work Plan)

Discuss youth and parent engagement strategies HCCMHC can prioritize to help respond to increased mental health needs and/or influence change specific to increased violence, and calls from community members to address mental health needs.

4:30 Program and Committee Updates

- Parent Catalyst Leadership Group: Specific Activities
- Data Summit: Overview and Timeline
- Education & Training Meeting: Recommendations for 2022

5:00 Adjourn

Mission Statement: *The CMHC provides a forum for a diverse and representative group of system stakeholders to influence the development and ongoing operation of an accessible and effective children's mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children's mental health system by embracing the system of care principles and available research on children's mental health services.*

Contact CMHC Co-Coordinator, [Laura](#), with any questions



Governance Committee Meeting Minutes

January 19, 2022

Members Present: Liz Gronert (Co-Chair), Cindy Slowiak, Angela Watts, Asad Dahir, Karen Malka, Pat Dale (Co-Chair), Adesola Oni, Krista Phillips, Tonya Allen, Stacy McClendon, Jody Nelson, Aric Jensen, Dr. Jenna Mitchler

Community Partners: Susie Voss, Raven Baker

Staff: Laura LaCroix-Dalluhn, Margaret Sullivan, and Cheryl Holm-Hansen

Welcome & Approval of Meeting Minutes and Agenda

Liz Gronert welcomed everyone to the meeting. She said Pat Dale had been delayed and will join us later.

Angela Watts moved to approve the November 2021 minutes and Wendy Webster seconded the motion. The motion was approved. Krista Phillips moved to approve the January 2022 meeting agenda and Cindy Slowiak seconded the motion. The motion was approved.

New Parent Representatives

Liz Gronert stated the Collaborative would be voting on a nomination for a new parent representative to the Governance Committee and an alternate parent representative for the 2022-2023 Governance Committee term. The Recruitment Committee is bringing forward two new parent representatives for the Governance Committee, Nadia Glynn as the voting member and Maria Tripeny as the alternate member. Both parents have been interviewed by Laura and Margaret. Nadia was recommended by Wendy Webster and Maria Tripeny was recommended through The Family Partnership. Both parents have children who are engaged in the children's mental health system in Hennepin County and both want to give back to other families and help improve the system. Staff and members of the Recruitment Committee remain committed to increasing the diversity of parent representatives engaged in the Collaborative; and therefore our search for a BIPOC parent/caregiver will continue.

Wendy Webster spoke to Nadia's interest in making changes for other parents to avoid feeling alone. She was excited Nadia expressed interest and believes she will be a strong parent representative. Pat Dale moved to approve Nadia's nomination, Angela Watts seconded the motion. The motion was approved.

Wendy Webster moved to approve Maria's nomination as an alternate parent representative, and Aric Jensen seconded the motion. The motion was approved.

Angela Watts and Liz Gronert stated the Recruitment Committee is interested in securing a "buddy" for new recruits who can be available to the new parent representatives to respond to questions during meetings and schedule a quarterly 30 min check in. Wendy Webster offered to serve as a buddy for new parents.

2022 Work Plan

Pat Dale stated the Collaborative reviewed and approved the preliminary work priorities for 2022 in September 2021. The Executive Committee and Coordination Team continued to discuss and refine these priorities over the winter months and wanted to bring the additional details back to Collaborative for review and input. The Executive Committee also worked with the Coordinator and Coordination Team to develop a strategy screen for the Collaborative. The strategy screen was developed to help the Collaborative make decisions about our work this year and seek your approval to use throughout the year.

Laura stated the 2022 work plan is prioritized around three overarching goals this year.

- 1) Improving the lives of families and children through increased access to information
 - Focuses on parent-engagement and training, which will be done with PCLG and other community partners
 - Focus on parent training & support; focused on peer support at local level, such as FSCs or other defined area
 - A newer focus on engaging youth, through community partners
- 2) Improve coordination of and access to children's mental health services
 - Focuses on increased navigational support (using data and lessons learned from service continuum mapping committee and AmeriCorp, Autumn Nelson)
 - Focuses on increased coordination between providers and community stakeholders
- 3) Increase data driven decision-making to improve the children's mental health system
 - Data Summit will take place in March 2022 and we want to create an Ad Hoc Planning Committee to assist planning the data summit

In addition to identifying partners to assist in data summit planning, we want to know if there are any specific work priorities you want to support, OR other community efforts you want to be sure we consider leveraging and aligning with? Angela Watts mentioned she thought it would be helpful to have data points to inform decisions and circle back to organizations we've supported in past years.

Pat Dale stated the Executive Committee worked with Laura and Coordination Team to create a strategy screen to help us make decisions about our work this year. The Executive Committee is bringing this to you to suggest we use this to guide our decision-making throughout the year and seek your approval. The Executive Committee thought it was important to use the strategy screen as we further defined our work priorities. We will track decisions that are made using this strategy screen and we will bring to you for final review and decision when necessary. Pat Dale asked if there were any questions or concerns. Adesola Oni asked *how* we will prioritize strategies and actions using the strategy screen? Laura LaCroix-Dalluhn stated the Collaborative would use data (e.g. data from reports and/or community-based assessments, etc.), attend to increased needs based on pandemic or violence, and partner priorities to leverage. Adesola Oni asked about a follow up question regarding how the values of the Collaborative will drive decisions. Laura LaCroix-Dalluhn responded stating the Collaborative has relied on the System of Care values, outlined in our website; <https://hccmhc.com/system-of-care/>. She said these values were used to define our work plan and will be used to decide on priorities. Angela Watts moved to approve the use of the strategy screen in 2022 and Karen Malka seconded the motion. The motion was approved.

Program and Committee Updates

Liz Gronert led the review of program and committee updates.

Parent Catalyst Leadership Group (PCLG). Liz Gronert and Margaret Sullivan said the PCLG is working closely with Collaborative partners to inform and increase parent and family engagement. Many of these ideas can be seen in the 2022 workplan. Other priorities include 1) Wellness Action Resource Planning (WRAP) opportunities for parents and caregivers, 2) Let's Talk About It Series; identify first two meeting topics. This year the Collaborative will partner with PCLG to further community and family engagement between topics in the series. This is a new way of operating, so the plan is to practice the first half of the year and improve as we offer these opportunities to parents and caregivers. 3) PCLG offers monthly support groups to parents and caregivers and Karen Malka stated they have seen new and returning members, although participation varies.

Data & Evaluation. Cheryl Holm-Hansen said the data summit will likely take place in March. The data summit will bring data from the dashboard, information for the service continuum workgroup and data from the journey mapping/parent interviews together. She would like 1-3 people to help with planning. Cheryl Holm-Hansen stated the Journey Mapping analysis has begun and we are reviewing preliminary results with key stakeholders. She stated the goal was to interview 50-100 parents. There were 49 interviews with 50 parents and caregivers. Adesola Oni asked for clarification on whether or not the data from journey mapping will be made available publicly and how. Cheryl Holm-Hansen said the journey mapping data would be shared at and beyond the data summit.

Education & Training Meeting. Laura LaCroix-Dalluhn stated the committee will meet in January to review scholarships and training for 2022, they have been under utilized, we will consider new opporutunities and ways to support training and education.

Business Updates

Pat Dale stated there were some outstanding expenses related to journey mapping that weren't covered in 2021 due to timing of parent interviews in December 2021. While the project budget for journey mapping was underspent, some parent stipends will be paid in 2022 with approval of up to \$500 in journey mapping costs in 2022. Pat Dale said for a motion to approve up to \$500 in journey mapping costs in 2022 to complete the project. Wendy Webster moves to approve up to \$500 in journey mapping expenses from the System of Care Pilot Budget line in 2022, and Angela Watts seconded the motion. The motion was approved.

Adjourn

The meeting was adjourned.



2022 Workplan

<p>Strategy 1: Engage Parents & Youth to improve access to children’s mental health services and the responsiveness of services</p>		
<p><i>Why? Increased mental health needs among children, youth and adults has created an opportunity to discuss community level responses to these increased needs.</i></p>		
<p>Goal 1</p> <p>Increase parent and caregiver mental health literacy through PCLG: Let’s Talk About It Series (Parent driven topics of engagement about children’s mental health services)</p>	<p>Goal 2</p> <p>Increase children’s mental health knowledge through community discussions and parent engagement around critical issues impacting children’s mental health – working in partnership with Family Service Collaboratives or key community partners</p>	<p>Goal 3</p> <p>Increase youth knowledge in community discussions around critical issues impacting children’s mental health – working in partnership with Family Service Collaboratives or key community partners</p> <p>Create listening sessions for youth to share their experiences and needs with providers and decision-makers</p>

<p>Goal 1: PCLG: Let’s Talk About It Series (Parent driven topics of engagement about children’s mental health services)</p>	<p>Define Success: Parents and community members increase knowledge about programs and services and provide input and feedback on how the service is delivered to improve responses.</p>
<p>Partners: PLCG, Commissioner Lunde, Family Service Collaboratives, CMH providers</p>	

Task	Board Member Staff		Due Date	Progress	Budget
	Responsible	Responsible			
1. Schedule and Plan 1 st Let’s Talk About It	Peggy Larkin	Margaret Sullivan	3/31/22		\$0
2. Promote Let’s Talk About It event through newsletter		Laura LaCroix-Dalluhn	Feb & March		\$0
3. Promote Let’s Talk About It event with FSCs		Laura LaCroix-Dalluhn	Feb & March		\$0

4. Schedule Follow Up Community Meeting [This online meeting will provided follow up information from the first Let’s Talk About It Services and include staff/professionals who lead these programs.]	Peggy Larkin	Laura LaCroix-Dalluhn & Vicky S	April		\$0
5. Offer Healing Circles during the meetings					\$0
6. Develop evaluation tool		Margaret Sullivan/Cheryl Holm-Hansen			\$0
				Total	\$0

Goal 2: Engage parents and community in discussions around critical issues impacting children’s mental health – working in partnership with Family Service Collaboratives or key community partners	Define Success:
Partners: FSCs, CMH partners, school-based MN health providers, schools	

Task	Board Member Staff		Due Date	Progress	Budget
	Responsible	Responsible			
1. Outreach to potential partners to lead or co-host community discussions on children’s mental health		Laura LaCroix-Dalluhn	3/31		\$0
2. Planning events with co-leads and healing sessions					\$0
3. Healing Sessions for families					\$0
4. Develop evaluation tool		Cheryl Holm-Hansen			\$0
5. Plan and lead WRAP opportunities for parents and caregivers	Liz Gronert	Margaret Sullivan			\$0
					\$0
				Total	\$0

Strategy 2: Improve coordination and navigation of children’s mental health services	
<i>Why? Access to children’s mental health is not consistent; parents and caregivers state concerns that access is too often driven by who they know, not what is available.</i>	
Goal 1	Goal 2
Increase knowledge through distribution of service continuum mapping. Consider developing a tool and/or training to inform access to system; sample tools/resources include Autism Portal, Help Me Connect, etc.	Increase knowledge and navigation of services through Parent Peer Support training.

Goal 1: Develop tool and/or training to inform access to children’s mental system; sample tools/resources include Autism Portal, Help Me Connect, etc.	Define Success: Increase knowledge and access to children’s mental health system.
Partners: Collaborative Partners, Coordination Team. Broader Children’s Mental Health Providers	

Task	Board Member Staff		Due Date	Progress	Budget
	Responsible	Responsible			
1. Joint meeting with Journey Mapping leads and Service Continuum work group to review findings and seek overlap and identify next steps	Jenna and Krista	Laura, Cheryl and Margaret			\$0
2. Meeting with 211 staff to understand data collection and service information		Laura LaCroix-Dalluhn			\$0
3. Identify strategies to increase knowledge to CMH services among parents and providers			Post data summit		\$0

4. Develop evaluation tool		Cheryl Holm-Hansen			\$0
5.					\$0
				Total	\$0

Goal 2: Increase access to Parent Peer Support	Define Success: Parents will have the option to take place in parent peer support training whether they would like to get certified or just learn more
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Partners: PCLG parents, Peer Support Training Partners, MACHMA, MN Dept of Health, etc.

Task	Board Member Staff		Due Date	Progress	Budget
	Responsible	Responsible			
1. Form workgroup to improve access to training			Post data summit		\$0
2. Offer a more informal "Parent Partner" training that doesn't require certification. This could potentially help more communities of color					\$0
3. Offer incremental levels of training					\$0
4. Develop evaluation tool		Cheryl Holm-Hansen			\$0
5.					\$0
6.					\$0
7.					\$0
8.					\$0

Total

\$0
