

Hennepin County Children’s Mental Health Collaborative Systems of Care Theory of Change, May 2020

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Guiding Principles 1. The children’s mental health service continuum includes a <i>comprehensive and integrated</i> array of services and supports. 2. Services are <i>individualized</i> to meet the unique and specific needs of the child, youth and family. 3. Services are provided in the <i>least restrictive</i> and most appropriate setting. 4. Services are <i>coordinated</i> at the system and individual service levels. 5. <i>Youth and family are at the center</i> of all planning, at both an individual service level and a larger system level. 6. <i>Prevention and early intervention</i> strategies are necessary in the overall continuum of services. 7. Utilize a <i>health</i>	Vision	Hennepin County has a comprehensive, integrated, and culturally responsive children’s mental health service system that meets the mental health needs of Hennepin County children, youth and their families in the least restrictive and most appropriate setting.				Defines the future reality we are working to create.	
	Mission	Hennepin County Children’s Mental Health Collaborative provides a forum for a diverse and representative group of system stakeholders to influence the development and ongoing operation of an accessible and effective children’s mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children’s mental health system by embracing the system of care principles and available research on children’s mental health services.				Describes how we will create the future.	
	Goal Areas	Improvement in lives of children & youth	Improvement of lives of families	Improvements in service delivery & coordination of services	Improvements in costs & quality of care	Focuses the vision into tangible, achievable outcomes.	
	Outcomes	Increased mission driven decision making		Increased coordination among CMH providers on Continuum of Services	Increased access to children’s mental health services and supports	Specific outcomes achieved through mechanisms and activities	
	Mechanisms	Governance	Language	Continuum of Services; including Rapid Mobile Response & Wrap Around Services	Parent/ Caregiver Support	Youth Support	Outlines priority mechanism to achieve outcomes and goals
	Current Activities & Actions	Outreach & Engagement	Communications with Stakeholders, Children & Families	Grants & Resources	Meaningful Partnerships with Community & Providers	Research & Evaluation	Provides focus for our goals through the following activities and actions.

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<p><i>equity lens and cultural humility perspective to address disparities and ensure access to culturally and linguistic competent services.</i></p> <p>8. Decisions are <i>driven by data and research on best practice.</i></p>	<p>Current Specific Activities & Actions</p>	<ul style="list-style-type: none"> • Convene & engage providers • Engage local stakeholders • Engage state stakeholders 	<ul style="list-style-type: none"> • E-newsletters • Website • Coordinated communications with partners 	<ul style="list-style-type: none"> • Professional development Scholarships for providers and families • Grants to Families • Grants to CMH providers • Seeking resources for CMH in HC 	<ul style="list-style-type: none"> • Committees (PCLG, SBMH, Providers, other) • FSCs • School districts and schools • Health Systems • County driven services 	<ul style="list-style-type: none"> • CMH Dashboard • Baseline data on utilization • Corrections • Parent & Community Engagement Quality Data 	<p>Within and across goal areas. When implemented, drive improvement in our goal areas, outcomes and mechanisms and achievement of our vision.</p>
<p>Threats/ Opportunities</p>	<ul style="list-style-type: none"> • -COVID-19 • Transition to new co-coordinators • New ways of operating and engaging - State grants focus on pieces of SoC rather than full system change 					<p>Outlines threats/opportunities impacting our success.</p>	

A system of care is: A spectrum of effective, community-based services and supports for children and youth with or at risk for mental health and related challenges and their families that is organized into a coordinated network, builds meaningful partnerships with families and youth, and addresses their cultural and linguistic needs in order to help them to function better at home, in school, in the community, and throughout life.