

## Hennepin County Children's Mental Health Collaborative (CMHC)

### **Governance Committee Meeting** **Wednesday, January 20, 2021, 3:30 – 5:00pm**

#### Committee/Coordinator Updates

#### **Parent Catalyst Leadership Group**

*In response to trainings that tend to inundate parents with too much information, PCLG is developing a monthly "mini-workshop" series. We're hoping these brief trainings will be easier for busy parents to access as well. We are attempting not to duplicate trainings others are offering (MACMH, NAMI, PACER, AUSM, etc.). We may look to CMHC for suggestions for speakers for certain topics. Some of the topics/guests include:*

- **"What to do when your child's in crisis?"** (Brooklyn Park Police officer)
- **Personal Safety Training** – Skills parents can teach children (Center for Missing Children)
- **What is Assessment?** How and why should I get my child assessed?
- **"What is a Case Manager? How do I get one? Who qualifies for case management? And what can they help with?"** (HC area Case Manager)
- **Issues related to historical trauma** –Ex. What to do in crisis if I don't want the police involved?
- **Financial Supports** – **Brief intro to Waivers, TEFRA, MA, etc.**
- **Mental health services/supports in schools**
- **And much more...**

*We are looking to expand the ranks of PCLG this year with new recruits.*

#### **Children's Mental Health Dashboard**

*The dashboard group will be starting the year by reviewing the draft dashboard that we created last year and mapping out our next steps. Priorities for 2021 include sharing the information and using it to help inform the Collaborative's work. Stay tuned for scheduling updates.*

#### **School-Based Mental Health**

*As many of you know, the Governor has encouraged schools to return to in-person learning as quickly as possible, especially for elementary age students. Given this, many if not most school districts in Hennepin County are gearing up for in-person instruction to be offered within the next month. How school districts are offering in-person instruction seems to vary right now. With this news, our school mental health providers are also figuring out how to return to in-school delivery of mental health services. Many of the agencies have done this on and off throughout the fall and there seems to be a mix of excitement and anxiety about coming back into schools. School mental health agencies are meeting with district-level as well as school-level mental health teams to figure out protocols and procedures for accessing students during the day and the health and safety protocols within each school district and school. School mental health providers still have openings to serve more students and families. Many, if not all schools are putting a focus on social emotional learning (SEL) as students return to school – focusing on things such as establishing a welcoming environment, setting up rituals and routines, and SEL lessons that will be delivered by teachers and/or student support staff. As more students return to school, this provides another opportunity to reach out to additional students and families and help them get connected to mental health services.*

#### **COVID-19 Relief Funds**

*All Provider Relief Fund invoices have been submitted to NAMI for processing and there are only two outstanding Family Relief Fund awards to be cashed! We are thrilled to have nearly come full circle with initiative. Etonde will be reviewing provider reports & final budgets in the coming days, and also will get support in preparing information for our annual report to DHS.*

*Cheryl is currently conducting interviews with members of the Family Relief Fund Review Committee. Results of her evaluation efforts will be shared broadly after she completes it.*

**CMHC Structure/Fiscal Relationship Review**

*Emmett Robertson (Rubric Legal LLC) has signed a contract with the CMHC to help review our current structure & documentation and help identify options moving forward that align with the direction our Collaborative is heading and NAMI's fiscal relationship needs. At the last Governance Committee meeting, members agreed that the Executive Committee would take lead on this task and update the Governance Committee as things progressed. Thus far, Emmett has submitted questions about the CMHC's activities, governance, etc. to help with his assessment. Pat, Laura, Jenna and Margaret will convene soon to review and draft a response.*