

Hennepin County Children's Mental Health Collaborative (CMHC)

COVID-19 Children's Mental Health Family Relief Fund Description

OVERVIEW

Over the past several months, the COVID-19 pandemic has had a profound impact on the daily life, health and social, emotional and economic well-being of children, youth, families and organizations in Hennepin County. In effort to support families and children's mental health providers during these unprecedented times, the Hennepin County Children's Mental Health Collaborative has created COVID-19 Emergency Relief Funds for families and providers in Hennepin County.

The Hennepin County Children's Mental Health Collaborative (CMHC) is accepting applications for:

- **COVID-19 Children's Mental Health Family Relief Fund:** A total of \$50,000 is available to support Hennepin County families caring for children/youth living with mental health symptoms, diagnosis or condition. A single family can apply for a maximum of \$500 in one-time relief funding.

Please continue to see the eligibility guidelines & application process for the COVID-19 Children's Mental Health Family Relief Fund. If you have any questions or technical difficulties submitting your application online, please contact etonde@lacroixdalluhnconsulting.com.

Families of color, Indigenous families, undocumented families, families of low-income, families experiencing homelessness and other vulnerable families are encouraged to apply.

ELIGIBILITY

- **One applicant is permitted per family.**
 - Applicants must live in Hennepin County and must include at least one child (age 0-20) experiencing mental health symptoms or living with a mental health diagnosis or condition.
 - Youth age 16-20 may apply independently (without parent/caregiver consent).

APPLICATION REQUIREMENTS

- Applicants need to describe how funding will help address needs resulting from the COVID-19 pandemic.
- Funds can be used for (but is not limited to) the following:
 - Basic needs (groceries, rent/mortgage, utilities, transportation, etc.) as a result of unemployment or reduced hours due to COVID-19,
 - Respite activity or program (e.g. games, art/activity supplies, summer program, etc.)
 - Respite care (a babysitter if you need a break)
 - Cleaning supplies
 - Technology needs due to distance learning/telehealth services (e.g. headphones, educational games, etc.)
 - Therapy tools for home (e.g. sensory toys, sensory swing, weighted vest, etc.)
 - Therapy, medication or medical fees
- To ensure that relief funds are going to families care for children/youth with a mental health diagnoses/condition, applicants are required to do one of the following:
 1. Have child's mental health provider, case manager, or school social worker submit a letter in support of child's need. (An example is included in the application form [on the CMHC website](#).)
 2. Have child's mental health provider, case manager, or school social worker submit an application on family's behalf.

If you/your family does not have a children's mental health provider, case manager, or school social worker, please contact the CMHC's Parent Catalyst Leadership Group (PCLG) at hpcplg@yahoo.com for assistance.

APPLICATION PROCESS:

- Please submit your application through either of the following ways:
 1. Complete your application using this form:
<https://www.surveymonkey.com/r/CMHCCOVID19ReliefFAMILY>. **You will not be able to save your progress on the form, so save your answer in a Word document or email first.**
 2. Submit video application to etonde@lacroixdalluhnconsulting.com. In the video, please answer the application questions listed below. Please send using a link we can access easily (e.g. YouTube, Vimeo, etc.) In your email submission, include your full name, mailing address, email and phone number.
 3. Submit a paper application to etonde@lacroixdalluhnconsulting.com.
- Applications will be accepted until there is no money left to distribute.
- Unfortunately funding is limited. The Collaborative wants to support as many families as possible. Please request only what you need.
- Money will be sent in the form of a gift card or a check.