

### Governance Committee Meeting Agenda

Wednesday, June 21, 2023, 3:00 – 4:30pm

https://us02web.zoom.us/j/82646466799?pwd=Q2d2MnNvSDUvTUVmMStQS0ZBRWozZz09

- 3:00 pm Welcome & Approval of Meeting Minutes & Agenda Angela Watts (Meeting materials: May Meeting Minutes & June Agenda) Welcome. Approve minutes and agenda.
- 3:05 pm
   Business Updates Pat Dale & Laura LaCroix-Dalluhn (Meeting materials: Online Meeting Schedule; June 2023)
   Reminder: No July Executive Committee or Governance Committee Meetings
  - Reminder: No July Executive Committee or Governance Committee I
  - Reminder: Coordinator Vacation
  - PCLG Leadership Transition and Interim Leadership (vote required)

3:30 pm Strategic Initiatives – Angela Watts & Coordination Team (Meeting material: 2023 Work Plan & Let's Talk About Cultural Wellness Flier)

- Parent Catalyst Leadership Group (PCLG) Updates
  - 1. Let's Talk About It: Cultural Wellness
  - 2. Engaging in strategic planning, July 15<sup>th</sup> from 10-12 pm
- Family Coordinator Update
- Youth Mental Health First Aid Training Updates
- Gun Violence Prevention and Youth Mental Health
- Communicating Collaborative Work and Priorities Small Group Discussion

4:30 pm Adjourn

**Mission Statement:** The CMHC provides a forum for a diverse and representative group of system stakeholders to influence the development and ongoing operation of an accessible and effective children's mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children's mental health system by embracing the system of care principles and available research on children's mental health services.

Contact CMHC Co-Coordinator, Laura, with any questions



### **Governance Committee Meeting Minutes**

May 17, 2023

**In attendance:** Angela Watts, Pat Dale, Rachel Harris, Tonya Allen, Brenna MacDonald, Karen Malka, Krista Phillips, Asad Dahir, Andria Blade, Aric Jensen, Monica Long, and Beth Lovre **Staff:** Laura LaCroix-Dalluhn, Cati Gómez, Cheryl Holm-Hansen, Fatima Muhammed, and Margaret Sullivan.

### Welcome & Approval of Meeting Minutes & Agenda

- Pat Dale moved to approve the April minutes, and Karen Malka seconded. Minutes approved.
- Krista Phillips moved to approve the May agenda, and Andria Blade seconded. Agenda approved.

### **Business Updates**

- Reminder: No July Executive Committee or Governance Committee Meetings
  - Pat Dale let everyone know that there would be no Governance or Executive meetings in July.
- Fiscal Sponsor Update
  - Pat shared that we need a fiscal sponsor, NAMI-Minnesota has asked us to identify a new fiscal sponsor because they no longer have capacity to support the Collaborative as it grows. We are now looking for an organization that could be our new fiscal sponsor. Pat asked others to consider possible organizations they know that would be willing to take this opportunity on. Pat shared that Youable is willing to look into it, but it may be better to have multiple organizations to discuss it with. Lastly, we are incredibly grateful for NAMI and its contributions.
    - Rachel Harris asked when we are looking to make this decision, Pat answered that we would like to have it done by fall if possible, and we would like to know what our options are by mid-summer if possible. Laura LaCroix-Dalluhn added that we have a hard date, the end of their next fiscal year which will be June 30, 2024, but they would like us to move quicker if possible.
    - Karen Malka asked if there was any talk about asking MACMH, Laura answered that MACMH came up in the discussion and we will reach out to them.

### **District 287 LCTS Request & Approval**

- Overview of Diploma On and approve 2023-2024 School Year Request
  - Pat shared that District 287 has submitted their annual LCTS request, each year the Collaborative reviews and approves the LCTS funding proposals for District 287.
     District 287 raises their own revenue through the Local Collaborative Time Study and the Collaborative provides oversight for these proposals and expenses. Tonya Allen

shared information about the program, Diploma On, and shared that the Special Education Teams from member districts approved this request before it was brought to the Collaborative for a final vote.

- They are asking for \$195,000 out of a \$241,031 fund balance available. This support will primarily be for case coordinators and staffing for Diploma On. Additionally, they plan to fund a consultant that will create videos on the impact that Drop Outs have on students, which will be \$7,000. Furthermore, they plan to fund support for restorative practices training for \$4,800. Lastly, they plan to support area learning centers through further training and collaboration time for \$7,550.40. This funding would allow them to focus on more students who need support.
  - Angela Watts asked if the videos on Drop Outs would be about success stories or barriers they encountered. Tonya answered that it could be a bit of both.
- Angela motioned to approve the LCTS request as proposed by District 287, and Krista seconded. Request approved.

### **Strategic Initiatives**

- Youth Mental Health First Aid Training Updates
  - Angela shared that Youth Mental Health First Aid Training (YMHFA) has officially begun, we identified trainers and previously trained individuals in coordination with the Collaborative's partnership with Change Inc. We understand MDE and MDH have trained others, we are working to coordinate other efforts to expand the reach throughout the county.
  - Laura shared that there are a number of people who have been trained across the county, and we have been working to identify them. Additionally, the Department of Education has just made training available for free and we were able to secure a few spots there. We know this training is a good way to build the literacy skills of people working in the field and we do believe the Departments of Education and Health will continue utilizing these trainings and we've reached out and asked them to continue to partner with us. You can access training here.
  - Cati shared that they are very excited about this training, and they emphasized that we have a large capacity and lots of flexibility and encouraged people and organizations to attend a training.
- Gun Violence Prevention and Youth Mental Health
  - Angela shared that the Gun Violence Prevention and Youth Mental Health funding recommendations of the Ad Hoc Healing Group. The group reviewed nine different proposals that received excellent or very good ratings by the review committees.
  - The Ad Hoc team and Executive Committee prioritized proposals that had the broadest reach across the county to address gun violence, focused on both gun violence prevention & mental health, and preferred to fund two proposals in partnership with CHIP, rather than one proposal on our own.
  - The Ad Hoc Committee's recommendations are to co-fund Art is My Weapon and Restorative Justice Community Action with CHIP and will be notified this week. Laura

shared that Art is My Weapon is a nonprofit that is proposing to work with young people that are directly involved in gun violence and would utilize art in their healing process and provide mental health support. The Restorative Community Justice Program will have a smaller reach but a deeper dive into the mental health of young people engaged in youth violence, they have a 3-day healing retreat and monthly meetings. Laura asked that everyone keep this confidential until they have been notified.

- Andria motioned to approve the recommendations from the Ad Hoc committee, and Aric Jensen seconded. Recommendations approved.
- System of Care Community and Partner Updates
  - Laura shared that the 2023 Work plan includes community engagement opportunities to share progress on system of care programs, services, and values. We agreed to host 2-3 community meetings with providers, stakeholders, and families. The Coordination Team would like help identifying preferred months and potential locations across the county so they can plan these events. Laura asked if there were preferred months to hold these meetings.
    - Angela asked if they will be virtual or in-person, Laura said we have talked about in-person. Rachel said she thinks it depends on the age group we would like to focus on, families with middle schoolers would probably prefer October, and August may be good for families with younger children.
    - Asad Dahir asked what participation was like the last time we were able to hold a System of Care gathering, Laura answered that we had about 100-120 people attend with a nice mix of providers and parents. Andria asked how we got the information about the event out last time, Laura answered that Hennepin County Behavioral Health sent out an invite to agencies and partners, we shared the information with PCLG, and they shared it out, we used the Collaborative listserv, we encouraged the Governance Committee members to share with others, and we also sent information to family service collaboratives.
    - Rachel asked who the presenter may be, Laura said that the early conversations have been focused on finding someone from Hennepin County to speak on their work, maybe Asad or Cindy, and find other speakers, possibly a parent panel. Asad added that FRSS came from the last System of Care gathering through the discussed needs of families.
    - Andria shared that she feels that it may be good to have one in August so that families can have support preparing for and starting the new school year. Laura and Angela said that since we have talked about doing 2 or 3 gatherings, they are thinking it may be good to have one in late summer and one in the fall.
    - Laura summarized that it seems like August and October may be good times.
       Laura asked if people had ideas on where we should hold these. Rachel suggested we have one on one side of the county and the other on another

side of the county. Krista said that Brooklyn Park worked well last time, and it may be good to hold another there, and then a southwest suburb as well.

- Parent Catalyst Leadership Group (PCLG) Updates
  - Margaret shared that the next Let's Talk About It on Cultural Wellness is scheduled for June 26<sup>th</sup> with Trina Givens Henry as the speaker.
  - We are discussing WRAP sessions; we would like to do an overnight WRAP as well as one-day WRAP trainings.
  - Karen shared that many parents were able to connect at the MACMH conference which was really nice, and it was great to meet with Fatima.
  - Margaret shared that she is thinking about organizing meetings with other parent groups. Rachel asked if anyone can attend the Let's Talk About It sessions, and Margaret answered yes, Rachel then said she would share the Let's Talk About It information with the clinic manager at Hennepin Healthcare.
- Family Coordinator Update
  - Fatima Muhammed shared that it has been fantastic meeting everyone and she appreciates everyone's kindness as well as the invites to community events. She looks forward to building more connections with community partners, she was able to attend the SAMSHA summit as well as some peer networking opportunities where has been able to learn more.
  - Fatima invited everyone to continue to share these opportunities with her, help her make connections, and keep in contact with her. Angela shared that if Fatima needs anything else, feel free to reach out.

### **Partner Updates**

• Brandon Jones shared that the MACMH conference went pretty well, they received a lot of good responses and had almost 1,700 participants. There were a few hiccups but overall, it was a big success. He shared they may have to relocate the conference next year and are considering having two locations, one in southern Minnesota and one in northern Minnesota. Asad shared that this year was the first time he attended, it was really well organized, and he was surprised by the number of people coming from out of state.

### Adjournment

• Krista moved to adjourn the meeting, and Asad seconded. Meeting adjourned.



### **2023 Work Priorities**

Approved March 2023

Long-Term Goal	2023 Strate Actions	•	Action Steps	Lead/Support	Outputs & Outcomes
Improve responsiveness to, and communications with, families and children through increased access children's mental health services	1. Increase engagemer underrepre families, wi specific foc BIPOC fami inform cha within the children's r health syste	Engage parents and families to ensure parent, caregiver and family needs are responded to allies, to and represented in policy and practice changes	<ul> <li>1.1. Each quarter PCLG will plan and offer a new <i>Let's Talk About It</i> session to parents and community partners. Parents and community partners will identify topics for discussion about children's mental health services</li> <li>1.2. Identify new community organizations and partnerships to improve communication and access to information about children's mental health services</li> <li>1.3. Attend community events and meetings led by BIPOC-led organizations and other key children's mental health organizations to learn about critical issues impacting children's mental health and gather parent input to inform practice and policy changes.</li> <li>1.4. Create a process to discern when family challenges and issues raised are identified as having broader practice and policy implications.</li> <li>1.5. Each quarter a list of policy and practice issues and concerns related to children's mental health services will be generated and shared through CMHC Governance and Executive Committees</li> </ul>	<ul> <li>1.1. Margaret</li> <li>1.2. Family coordinator, Margaret</li> <li>1.3. Family coordinator, Margaret, Coordinator</li> <li>1.4. Cheryl, Laura &amp; new learning community group</li> <li>1.5. Coordination team &amp; new learning community group</li> </ul>	<ul> <li>1.1. 150 diverse parents will participate in the training</li> <li>1.2. 20 new, or renewed, community partnerships will be established by Family Coordinator and Coordination Team</li> <li>1.3. CMHC will increase the diversity of community partners engaging in its meetings, events, and decision-making.</li> <li>1.4. Increased knowledge about policy and practice issues affecting access to CMH services.</li> <li>1.5. Children's mental health providers and stakeholders will understand key barriers to children's mental health services.</li> </ul>
	2. Increase m health liter adults worl	acy of and capacity of	2.1. Identify and train adults to provide Youth Mental Health First Aid training to youth workers and adults working with youth in	2.1. Change Inc, Cati/Laura	2.1. Five diverse trainers will be available in Hennepin County to train adults in

with and raising children and youth	children and youth in non-clinical settings to support children's mental health wellbeing and mental health needs.	<ul> <li>out-of-school time and community programs</li> <li>2.2. Provide Youth Mental Health First Aid training for adults working with children and youth in out-of-school time and community programs</li> <li>2.3. PCLG will offer Monthly Support Groups online to parents and caregivers</li> <li>2.4. Provide training resources to families and/or organizations working with children and families to increase knowledge and awareness of children's mental health needs and understand how mental health and trauma are reflected in children and youth behaviors.</li> <li>2.5. Pilot family centered strategies with county case managers to increase awareness of the challenges of communicating with parents.</li> <li>NOTE: 2.2. Consider expanding services to adults working in schools in Q3 &amp; Q4.</li> </ul>	<ul> <li>2.2. Change Inc, Cati/Laura</li> <li>2.3. Margaret, PCLG</li> <li>2.4. Margaret, PCLG, Family Coordinator</li> <li>2.5. Coordination team, Hennepin County leadership and case managers</li> </ul>	Youth Mental Health First Aid by end of Q1 2.2. 450 diverse youth workers, staff and volunteers will be certified in Youth Mental Health First Aid by Q2 (in time for summer programming) 2.3. 100 diverse parents and/or caregivers will participate in Support Groups 2.4. Increase responsiveness of families and providers to meeting children's mental health needs 2.5. Identify common challenges for providers when listening to family needs, and identify strategies to improve responsiveness based on needs, not eligibility alone.
<ol> <li>Increase awareness of families, caregivers, and youth on how to access children's mental health services.</li> </ol>	Families, caregivers, and youth will know how to access children's mental health services and know why to access CMHC.	<ul> <li>3.1. Update CMHC website to include outward facing information and resources on how and where to access children's mental health services and better reflect PCLG work and resources.</li> <li>3.2. Share information with community partners, youth workers, parents, and youth to increase knowledge and access to information.</li> <li>3.3. Create process to update web-based information twice annually and implement process.</li> <li>3.4. Create a work plan to expand navigational support for families and caregivers, building off 2022 work group</li> </ul>	<ul> <li>3.1. Laura/Stella, Change Inc, YMHFA Trainers, PCLG</li> <li>3.2. Stella/Laura/Cati</li> <li>3.3. Stella/Laura/Cati, committee (YMHFA and Change Inc)</li> <li>3.4. Coordination team</li> </ul>	<ul> <li>3.1. CMHC website will be updated with a resource page before Q3.</li> <li>3.2. E-newsletters and information will be shared with expanded and diverse community partners.</li> <li>3.3. Community partners will know how to update information on children's mental health services.</li> <li>3.4. Clear path to expanding navigational services to families in Hennepin County</li> </ul>

	4.	Increase access to mental health literacy for youth.	Plan for pilot(s) to build knowledge and capacity of youth to support children and youth mental health and wellbeing.	4.2.	recommendations, e.g., secure funding and identify key partners. Identify and train adults to provide Teen Mental Health First Aid training (or other agreed upon training) to youth in high schools across Hennepin County Train youth in Teen Mental Health First Aid training (or other agreed upon training) as a key resource in high schools across Hennepin County Create listening sessions for trained youth to share their experiences and needs with providers and decision- makers.	4.2.	Laura/Cati & youth serving orgs. Laura/Cati & youth serving orgs. Laura, Cati, and Family Coordinator	4.2.	Five diverse trainers will be available in Hennepin County to train adults in Youth Mental Health First Aid by end of Q3. 30 diverse youth will be certified in Teen Mental Health First Aid by Q4 Five policy and practice decisions will be identified for improvement.
Improve coordination of and access to children's mental health services	1.	Improve access to trauma-informed youth mental health services for youth engaged in or directly impacted by gun violence and other violent behaviors impacting children and youth, e.g., increased sexual violence (see student survey data)	Increase trauma- informed mental health resources to youth and families directly impacted by gun violence.	1.2 1.3 1.4	Identify organizations working directly with youth experiencing gun violence and provide resources to support their mental health services Provide funding to organization to support youth and families directly experiencing gun violence Create a process to discern practice and policy implications related to youth trauma-informed mental health and gun violence Convene organizational leaders working to improve trauma-informed youth mental health and reduce youth gun violence to adress policy and practice issues. Explore development of county-wide community resource crisis response team and/or guide to violence or acute mental health needs of children and youth in schools or community at-large.	1.2. 1.3. 1.4.	CHIP, Laura CHIP, Laura Cheryl, Laura, Coordination Team, & new learning community group Laura, Coordination Team, & new learning community group Coordination team and community partners	1.2. 1.3. 1.4.	A resource list will be created with organizations focused on youth gun violence prevention and mental health – and added to CMHC website. 20-50 diverse youth will receive additional information about youth mental health and learn how to access services and supports. Collaborative tools will be created to track practice and policy change efforts. 3-5 policy and practice issues will be identified for change. Plans to develop a community-wide Crisis Resource team and/or guide will be completed, and preparations will be

<ol> <li>Connect youth and families to needed children's mental health services and supports</li> </ol>	Help connect youth and families to needed children's mental health services and supports to best meet their needs	<ul> <li>2.1. Connect and refer community partners with CMH services and programs.</li> <li>2.2. Track navigational support to families seeking early childhood mental health services through the two HUB pilots (Bloomington Public Health and Hen Co Libraries) and identify opportunities to improve ongoing mental health supports to families with young children</li> <li>2.3. Track navigational support to families seeking early childhood mental health services through the two HUB pilots (Bloomington Public Health and Hen Co Libraries) and identify opportunities to expand access to families across Hennepin County</li> <li>2.4. Explore opportunities to expand professional peer support specialists and navigators to across Hennepin County</li> <li>2.5. PCLG will offer WRAP training to parents and caregivers</li> </ul>	<ul> <li>2.1. Family coordinator &amp; PCLG Coordinator</li> <li>2.2. Laura, CMHC partners, HUB partners &amp; Coordination Team</li> <li>2.3. Laura, CMHC partners, HUB partners &amp; Coordination Team &amp; CMHC partners</li> <li>2.5. Margaret, PCLG, and family coordinator</li> </ul>	<ul> <li>made to implement the plan in 2024 or sooner.</li> <li>2.1. Identify 5 new diverse community partners will engage with CMHC, PCLG and other partner activities</li> <li>2.2. Create list of barriers that make it challenging for families to access services with their young children to address through expansion</li> <li>2.3. A list will be created outlining resources needed for new opportunities to expand navigational services to families with young children through HUB partnerships</li> <li>2.4. A list of new opportunities will be shared with Governance Committee quarterly</li> <li>2.5. 30 parents and/or caregivers will participate in WRAP training</li> </ul>
<ol> <li>Gather information about and manage access and coordination issues through collective action</li> </ol>	Convene stakeholders to address key barriers and challenges in children's mental health services and identify solutions.	<ul> <li>3.1. Convene providers, practitioners, and stakeholders to revisit system of care goals, progress since 2020, and goals for 2023-2024</li> <li>3.2. Convene BIPOC-led or focused Children's Mental Health providers to identify barriers and needs to improve coordination and access to CMH services.</li> <li>3.3. Convene county agencies and community partners to respond to the identified barriers and needs of BIPOC providers and families to increase access for BIPOC families</li> </ul>	<ul> <li>3.1. Coordination Team and Hennepin County leaders</li> <li>3.2. Family Coordinator, Coordinator, tamily coordinator, family coordinator, county teams/reps</li> <li>3.4. Coordinator, Family coordinator, Collaborative partners</li> </ul>	<ul> <li>3.1. Increased community knowledge and commitment to system of care values and services</li> <li>3.2. 8 community meetings will be led each quarter to elicit barriers and needs.</li> <li>3.3 3 county meetings will be led each quarter to respond to barriers and needs</li> </ul>

				3.4.	Convene community stakeholders to increase knowledge and capacity to respond to the identified barriers and needs of BIPOC providers and families to increase access for BIPOC families			3.4.	1 community stakeholder meetings will be led each quarter to respond to barriers and needs
Increase data- driven decision making to improve the children's mental health service system	1.	In partnership with the Hennepin County, explore assessing system values or key implementation issues	Have system implementation data to inform changes identified throughout calendar year	1.1.	Create county and community partner group to outline assessment goals, objectives, and timeline.	1.1.	Cheryl, Hennepin County team, & coordination team	1.1.	A project plan will be established
	2.	Data Dashboard	Share data on children's mental health with partners and use data to track change		Update website with new data Explore opportunities to create specific data for Family Service Collaboratives as requested		Cheryl, Laura/Stella Cheryl & Coordination team		
	3.	Evaluate the work of the Children's Mental Health Collaborative	Track results and impact of collaboratives projects and work		Conduct evaluation of Collaborative Activities Prepare 2023 Annual Report to communicate work of Collaborative and partners		Cheryl & Coordination Team . Cheryl & Coordination Team		



Parent Catalyst Leadership Group Hennepin County Children's Mental Health Collaborative

# LET'S TALK ABOUT IT

MONDAY, 26 JUNE 2023 7:00 pm - 8:30 pm

## **Register Here!**

Cultural Wellness: Healthy Ethnic Identity Formation in Childhood

**After this training, participants will:** 1. Understand & define ethnic identity formation

 Understand & identify stages of ethnic identity formation concepts
 Understand & apply concepts that will promote healthy ethnic identity formation in children

4. Apply concepts to buffer & protect children's self-esteem & healthy ethnic identity formation in the community & larger society.

HENNEPIN COUNTY CHILDREN'S MENTAL HEALTH COLLABORATIVE



### Mrs. Trina Givens Henry

MSW, LCSW, Founder & Clinical Director of Healing & Restoration Consulting LLC

# LET'S TALK ABOUT IT



Parent Catalyst Leadership Group Hennepin County Children's Mental Health Collaborative

Cultural Wellness: Healthy Ethnic Identity Formation in Childhood MONDAY, 26 JUNE 2023 7:00 pm - 8:30 pm

**Register Here!** 

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Mrs. Trina Givens-Henry MSW, LCSW, Founder & Clinical Director of Healing & Restoration Consulting LLC

Mrs. Givens-Henry is the founder and Clinical Director of Healing & Restoration Consulting LLC and is a credentialed Licensed Clinical Social Worker with 20+ years of social service experience. Mrs. Givens-Henry is also a tenure Professor within the Minnesota State College System and her area of expertise is crisis services and working with at risk youth and their families in Trauma. Master Trainer/ Curriculum Writer for the Minnesota Department of Human Services for five years.

Mrs. Givens-Henry is an Alumna of MCTC where she received her Associate of Science Degree in Human Services with a minor in Women Studies. She then went on to Augsburg College and obtained her Bachelor Degree in Social Work, and pursued her graduate degree from the University of Minnesota Masters of Social work (MSW) with an emphasis in community practice. While in graduate school, Mrs. Givens-Henry was selected for a nationally competitive IV-E Child Welfare Bush Scholarship, and is recognized as an IV-E Scholar.



### **Executive Committee Meeting Minutes**

June 2, 2023

### **Opening Circle & Approval of May Minutes and June Agenda**

- Krista Phillips moved to approve the May minutes and Pat Dale seconded. Minutes approved.
- Pat moved to approve the June agenda and Asad Dahir seconded. Agenda approved.

### **Business Updates**

- Fiscal Sponsor Update
  - Laura LaCroix-Dalluhn shared that Propel was recommended for us to look at as a possible fiscal sponsor, they are having an informational session later this month that she will attend to learn more about what would be accepted. She believes that one requirement that is important to consider is that they require all fiscal sponsors to incorporate and register as a charitable organization. We have not incorporated yet, but we have discussed it in the past. We are required to report as a charitable organization through our LCTS requirements, this would add one more report through the attorney general's office. Laura asked if everyone feels this is worth pursuing. Pat shared that he wonders if the fact that we have not incorporated is what makes us difficult to sponsor. Laura said that what she heard from NAMI is that they do not have the capacity any longer. Angela shared that incorporation is fairly simple, and Laura agreed that there would not be a ton of work connected to it. Pat shared that he feels incorporating would give us the opportunity to find a long-lasting sponsor. Angela Watts shared that she would be in favor of incorporating. Asad clarified that if we incorporated we would have to declare the collaborative as a charitable organization. Krista asked if there was a reason why we have not incorporated in the past, and Laura answered that we didn't because it was not necessary at the time. Pat shared that there are further funding connections when you incorporate. Laura said that she will plan to attend and bring back her learnings during the August meeting.
- Family Service Collaborative Coordinator Updates
  - Laura shared that the family service collaborative coordinators met in person for the first time in a long time and she would like to share some updates with Krista and Fatima. Laura highlighted that there was interest in the collaborative playing a coordinating role around mental health needs across the county with the family service collaboratives so she offered to host a meeting around children's mental health, specifically around concerns brought up such as bullying, suicide, and violence. We shared information about YMHFA and there is some interest in expanding YMHFA to teens and having teens trained to aid other teens. In order to implement teen training, we would need school admin support to implement, and further requirements for some schools. We have prioritized training more of the staff in the schools but many, including Angela feel that teens may learn

better than other teens. Tonya Allen shared that organizationally, it may be very difficult to implement teen training because of the many requirements. Laura shared that what makes sense to her is to spend more time talking through what it would look like to build capacity and then look into finding the right community partners. She feels that an organization like Beacons, an out-of-school-time program that works closely with a lot of schools may be a good route. She knows they are in the process of training all of their staff and they could meet the capacity necessary. Angela feels we should secure administrative buy-in before we go down that road. Fatima Muhammed asked why we seem to be more interested in working with the schools rather than these out-of-school-time programs. Laura answered that the current target population is the out-of-schooltime partners but not every school district has tight partnerships with these organizations. Fatima shared taht she is worried that focusing on schools may cause the conversation to be shut down prematurely because of taking the route with the school districts rather than partnering with organizations in these spaces. Asad shared that the volume of calls that go to FRSS and similar entities have about 10,000 calls for child crises so he is interested in how immediate assistance from peers may impact the children experiencing crises. Laura will bring forward a meeting to further discuss expanding YMHFA in late July or August.

- Laura shared that the family service collaboratives were excited about the community-wide SOC meetings and will help with recruitment. Laura will work to secure dates for these events in August and October. There was also excitement surrounding the exploration of a countywide crisis response team so Laura will set up a meeting and invite family service collaboratives to participate.
- Additionally, Laura shared that Anne DeGroot from Minneapolis mentioned that she has been involved with some of the other LGBTQIA+ organizations across the state that have received inquiries about becoming a sanctuary state for LGBTQIA+ students. They are anticipating that families with LGBTQIA+ children will move into the suburban areas of the twin cities and would like to have conversations with providers so that they can better understand the supports that are being set up for families as they move in.
- Lastly, Laura shared that there is a discussion around opening up the financing framework, how we finance all of the family service collaboratives and the children's mental health collaborative will be on the table. Meghan Hickey with Minneapolis Schools took a look at some of the earnings and where they were going and apparently the way the financing framework was created is possibly not ethical. For instance, communities that pay staff higher rates receive more money than communities that are not paying higher rates so there is concern surrounding that. We agreed to all meet and Laura would like to ensure that Tonya also has a place at the table.
- Pat asked Krista if she has a sense of whether Laura should be viewed as leading these things, Krista answered that the funding is not being led by Laura. It will be good for us to have conversations about children's mental health and

Laura will set those up. Krista feels that many of these topics fall into conversations that Laura will set up.

- PCLG Transition
  - Laura shared that we have begun the transition planning with Margaret and the PCLG co-chairs. Margaret's last day will be June 23rd and there are a number of action steps taht we are planning to take to aid in the transition, for example, Cati will provide technical support and coordination for the upcoming LTAI. When speaking with the co-chairs, we agreed to coordinate LTAI events but we put a hold on the WRAP trainings. Laura would like to identify someone to co-lead the training with Liz, preferably someone of a differing identity to reach further individuals. Laura shared that her team will assist with administration and coordinating for the PCLG and avoid bringing Fatima on unnecessarily. However, Laura would love to bring Fatima in on a conversation with PCLG members about how they would like to move forward and possible opportunities to expand.
  - PCLG members shared that they would like support with admin and communication, so we will explore creating emails for our roles rather than personal emails. There are a lot of emails being used to communicate currently and this would make it easier for current members and new members. Fatima shared that she has had meaningful conversations with the PCLG members, and she feels it is important to highlight PCLG as part of the collaborative rather than a separate entity.
  - Laura shared that she is wondering how we should move forward in finding support in the coordination of PCLG. Pat asked if we can go through our own hiring process for this position, and Asad answered yes. Asad asked if Margaret's departure was a decision of the executive committee or solely PCLG, Laura answered that it was a decision of the executive committee and the hiring will be done by the executive committee as well. Pat and Angela asked that Laura look into a plan for replacement before leaving for vacation.
- Coordinator Vacation
  - Laura shared that she leaves for vacation on June 24th and will return to work on July 11th. She asks that people reach out to Angela or Pat for immediate assistance and Cati Gómez if needed.

### Work Plan Progress and Continued Strategy Discussion

- PCLG updates
  - Laura shared that Cati will do coordination and technical support for the June
     26th Let's Talk About It on Cultural Wellness. We will be recording this Let's Talk
     About It and will make it available on YouTube.
- Parent engagement updates
  - Fatima shared that she has met with many individuals within the community. By chance, she was able to meet with a parent who shared her experiences and Fatima was able to refer her to PCLG and other collaborative resources. She enjoyed the Hennepin County Foster Care picnic and other events and she is looking forward to Juneteenth celebrations. Laura shared that See Mental Health

has an experience van with activities and swag that is going through the community to educate individuals on mental health. Laura feels it is a great way to engage more individuals and that we should possibly collaborate with See Mental Health to have them at the events Fatima and others are attending.

- Youth mental health first aid training
  - Laura shared that the See Mental Health van experience and swag will be leveraged by our trainers. Laura thanked Tonya for connecting with further trainers. Cati shared that there have been five trainings scheduled and Stella LaCroix-Dalluhn attended the training and had good feedback along with many others. Furthermore, we will be able to provide participants with printed materials and resources that can be put up in workplaces so that they can look to those after the training.
  - Cheryl Holm-Hansen shared that we have developed an official evaluation plan. There is built-in evaluation but we would like to expand it with a focus on learning more about implementation and support. We have discussed doing a follow-up survey to see how the information is being used and if there are additional supports wanted.
- Youth violence and gun violence coordination and County-wide crisis response team
  - Laura shared that we have a group meeting on this topic and at our last meeting we discussed having more coordination around this work and she is wondering if we should combine this group with the crisis response team. Laura shared that she would like to hold a community-wide meeting on this sometime in August. Angela and Pat feel it makes sense to bring the youth gun violence group and crisis response team together to discuss this. Angela suggested that Laura start looking into dates soon so taht we can ensure that people can attend with how busy August gets for people. Laura suggested approaching Lisa and Antonio at Safe Communities to see if they would like to co-chair with us and do some preplanning with them.
- Community SoC Events
  - We will hold two community SoC events this year, in August and October. Laura is wondering if anyone has suggestions on where to hold these events. Pat suggested the Brookdale Library, so maybe Minnetonka or Eden Prairie would be good for the other event. Krista suggested Richdale or Southdale Library also.

### Adjournment

• Krista moved to adjourn the meeting and Angela seconded. Meeting adjourned.