



## Governance Committee Meeting Agenda

Wednesday, October 11, 2023, 3:00 – 4:30pm

<https://us02web.zoom.us/j/81016700324?pwd=TU1lWnVaclYwK3phUnF6RnRMUjN5QT09>

- 3:00 pm**      **Welcome & Approval of Meeting Minutes & Agenda – Angela Watts**  
*(Meeting materials: September Meeting Minutes & October Agenda)*
- 3:10 pm**      **Business Updates – Pat Dale & Laura LaCroix-Dalluhn**  
*(Meeting materials: 2024 Revised Budget Proposal, Proposed 2024 Meeting Schedule, Governance Committee Voting and Alternate Members)*
- 2024 Revised Budget Proposals (Action Required)
  - Fiscal Sponsor Updates
  - 2023-2024 Governance Committee Members (Action Required)
  - 2024 Proposed Meeting Schedule (Action Recommended)
- 3:45 pm**      **Strategic Initiatives – Angela Watts & Coordination Team**  
*(Meeting material: 2023 Work Plan, LTAI Event Flier, HCCMHC Flier)*
- Parent Engagement Updates and Events
    1. Parent Catalyst Leadership Updates and Events
    2. Family Coordinator Updates and Events (November 15<sup>th</sup> at Brookdale Library)
  - Discuss SoC Community Events and Collaborative Next Steps
  - Youth Mental Health First Aid Training
  - Youth Gun Violence Prevention Strategies
- 4:30 pm**      **Adjourn**

**Mission Statement:** The CMHC provides a forum for a diverse and representative group of system stakeholders to influence the development and ongoing operation of an accessible and effective children's mental health service system within Hennepin County. The CMHC promotes innovative service development and continuous quality improvement in the children's mental health system by embracing the system of care principles and available research on children's mental health services.

Contact CMHC Co-Coordinator, [Laura](#), with any questions

## Governance Committee Meeting Minutes

September 27, 2023

**In Attendance:** Monica Long, Jamie Dalbesio, Angela Watts, Pat Dale, Cindy Slowiak, Asad Dahir, Krista Phillips, Dr. Jenna Mitchler, Mark Sander, Karen Malka, Jodi Nelson, Cathy Rude, Andria Daniel, Meghan Hickey

**Staff:** Laura LaCroix-Dalluhn, Cati Gómez, Cheryl Holm-Hansen, Hayley Tompkins

### Welcome & Approval of Meeting Minutes & Agenda

- Jody Nelson moved to approve the August minutes, and Andria Daniel seconded. Minutes approved.
- Dr. Jenna Mitchler moved to approve the September agenda, and Krista Phillips seconded. Agenda approved.

### Business Updates

- 2023 Budget Proposals
  - Pat Dale shared that the executive committee will be reviewing scholarship proposals for providers and agencies to attend the statewide School-Based Mental Health Conference. The applications are due on Friday, and those given scholarships will be notified next week.
  - The Executive Committee approved \$3,000 for sponsorship of the 2023 Kente Circle Conference. As a result, we were given 10 slots for people to attend, and have 8 slots remaining. If you want to be considered for one of these conference attendee slots, please notify Laura LaCroix-Dalluhn.
  - As discussed in August, the Collaborative will host a parent summit this fall, the date has been changed and will now take place November 15th from 6:30-8:00 pm at the Brookdale Library. The budget is \$15,000 and will cover expenses including food, incentives to participate, translation and interpreter services, as well as payment for additional staff time.
  - Krista moved to approve the parent summit budget, and Cindy Slowiak seconded. Budget approved.
- DOCCR Budget Proposals, 2023-2024
  - Pat Dale shared that Monica Long has provided information from DOCCR about their 2023-2024 LCTS funded/supported programs including a focus on gun violence prevention for justice-involved youth, and youth mental health, which will require a vote from the Governance Committee this month. Monica outlined the total LCTS and DOCCR funding being used as well as leveraged resources, like Safe Communities and Behavioral Health.
  - The overall budget request is that these proposals be funded at \$245,000 for 2024 and 2025 of LCTS funds, and \$124,600 of DOCCR funds. If LCTS funding does not fully cover the allocation, DOCCR will fund the gaps. Monica shared that there will be outcome and utilization reports quarterly as well as one big annual report to survey success. These reports will be brought back to this group to review and discuss.

- Cindy motioned to approve the funding proposal from DOCCR, and Angela Watts seconded. Motion approved.
- 2024 Proposed Integrated Budget
  - Laura shared the 2024 preliminary budget. The Collaborative provides an integrated budget for the Children's Mental Health Collaborative, District 287 and DOCCR. We operate as one governing body and therefore need to represent the broader goals and objectives for consideration. The DOCCR fund proposal has been integrated into this budget. Laura went through revenue and expenses. Monica moved to approve the 2024 integrated budget and Cindy seconded. Budget approved.
- Fiscal Sponsor Updates
  - Laura shared that she is working with Hennepin County to see if there are other issues of concern related to this fiscal sponsor change from NAMI-Minnesota to MN Association of Children's Mental Health.

### **Strategic Initiatives**

- Parent Engagement Updates and Events
  - Hayley Tompkins shared that PCLG has a Let's Talk About It on Indigenous youth mental health coming up and asked people to share it with anyone who may be interested in attending. Hayley also shared that the PCLG has been doing a lot of planning and soul-searching about the role and function of the PCLG. We are looking at 4 main functions, 1) parent support and community building, 2) support with system navigation, 3) education and training, and 4) advocacy and system change.
- Family Coordinator Updates and Events
  - Laura shared that Fatima is leading the planning for the Collaborative's first family engagement summit. This will be held on November 15th at the Brookdale Library. We are targeting 50 parents/caregivers and plan to engage families in Spanish, Somali, Karen, and Hmong. Laura shared that the budget we just approved for the parent summit also has the objectives of the parent summit on it and we welcome any service providers who would like to join.
- System of Care Community Meetings
  - Cindy shared that the Hennepin County Behavioral Health and the Collaborative are co-hosting meetings on October 3rd and October 4th on the system of care. Laura shared that we are having a Ready Or Not discussion about centering family voice in what we do as providers on October 4th. We strongly recommend our partners attend the meetings and share with your key staff or leaders.
- Youth Mental Health First Aid Training Updates
  - Cati Gómez shared that we are continuing to train adults working with children and youth in the non-school day and those working in schools, such as coaches and other adults within school buildings. If you know of people interested in the training, please contact staff.

### **Adjournment**

- Pat moved to adjourn, and Krista seconded. Meeting adjourned.

26-Sep-23

<b>Income</b>	
LCTS Fund Balance	
LCTS 2023 Projected Earnings	
SAMSHA/Hennepin County Grant	
<b>Subtotal</b>	
Leveraged Funds	
In-Kind	
<b>Total</b>	
<b>Expenses</b>	
<b>Staff/Contracted Staff</b>	
	LaCroix-Dalluhn Consulting Group (Coordination, strategic initiatives, and engagement programming)
	Community Research Solutions
	Open (Parent Catalyst Coordinator)
	FZM Impact Group
<b>Youth, Parent &amp; Community Programs</b>	
	Parent Catalyst Leadership Group (Stipends, Event Activities, etc)

	Parent Engagement Stipends
	BIPOC Agency Collaboration and Parent Support
	Youth Engagment & Mental Health Well-being
	DOCCR Youth Prevention Programs
	District 287
System of Care Pilots	
	Peer Support Specialist
	Crisis Response Teams
	Other
Training & Capacity Building	
	CMHC Scholarships & Training
	District 287 Training
General Operating	
	General Support
	Fiscal Sponsor Fee
<b>Subtotal</b>	
<b>Total</b>	

Budget Narrative	CMHC	
Estimated Fund balance as of 1/1/23	\$ 119,352	
Estimated LCTS Earnings in 2023	\$ 194,065	
SAMHSA: Parent engagement and BIPOC agency collaboration	\$ 126,180	
	<b>\$ 439,597</b>	
Leveraged funds from Hennepin County or other partners. Hennepin County departments include (BH, PH, DOCCR, & Safe Communities)	\$ 155,000	
In-kind time from Collaborative partners	\$ 20,000	
	\$ 614,597	
Laura LaCroix-Dalluhn, Cati Gómez and team. LCTS (\$56,900) and SAMHSA (\$23,100) Funded	\$ 80,000	
Cheryl Holm-Hansen	\$ 25,000	
Interim Coordinator with intent to hire in 2024	\$ 30,000	
Fatima Family Coordination and engagement (SAMHSA Funded)	\$ 70,200	
Parent supported activities, stipends, and events	\$ 36,000	

Compensation to community agencies to support their parent engagement work. These funds are paid to community agencies to support the costs associated with their parent engagement work. These funds cannot be used for food. These funds can be used to compensate parents for their time and expenses associated with their participation in parent engagement activities.	\$ 2,880	
Compensation to community agencies to support their parent engagement work (up to 5 agencies at \$6,000)	\$ 30,000	
Training for youth and adults working with youth on mental health supports	\$ 15,000	
Ujima, Hope and Nia Program, & Nia 2.0 (Hennepin County Funded)	\$ -	
New Programs A, B, C, D (LCTS, \$124,900)	\$ -	
New Programs A, B, C, D (Hennepin County Funded; DOCCR, Behavioral Health and Safe Communities)	\$ -	
Diploma On	\$ -	
Youth Lens	\$ -	
	\$ 150,000	
Countywide peer support specialists training and stipend support		
Planning and development of county-wide crisis response team		
Gun Violence Prevention and Youth Mental Health		
Scholarships, Sponsorships and Training & SBMH Ancillary Training Services	\$ 25,000	
Staff training		
Communications, supplies, etc.	\$ 15,000	
MN Association of Children's Mental Health, 7.5%	\$ 35,931	
	\$ 515,011	
	\$ 99,586	

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	CMHC LCTS F
	SAMHSA Func
	District 287 L
	DOCCR LCTS F
	In-kind or Lev
	Mixed Fundin

## 24 Preliminary Budget

District 287	DOCCR		Total
\$ 194,000	\$ 249,006		\$ 562,358
\$ 127,692	\$ 139,403		\$ 461,160
\$ -	\$ -		\$ 126,180
\$ 321,692	\$ 388,409		\$ 1,149,698
\$ -	\$ 535,000		\$ 690,000
\$ -	\$ -		\$ 20,000
\$ 321,692	\$ 923,409		\$ 1,859,698
\$ -	\$ -		\$ 80,000
\$ -	\$ -		\$ 25,000
\$ -	\$ -		\$ 30,000
\$ -	\$ -		\$ 70,200
			\$ 36,000



\$ -	\$ -			\$ 2,880
\$ -	\$ -			\$ 30,000
\$ -	\$ -			\$ 15,000
\$ -	\$ 290,000			\$ 290,000
\$ -	\$ 245,000			\$ 245,000
\$ -	\$ 199,900			\$ 199,900
\$ 160,000	\$ -			\$ 160,000
\$ 7,000	\$ -			\$ 7,000
\$ -	\$ -			\$ 150,000
				\$ 25,000
\$ 13,850				\$ 13,850
\$ 9,500	\$ -			\$ 24,500
\$ -	\$ -			\$ 35,931
\$ 190,350	\$ 734,900			\$ 1,440,261
\$ 131,342	\$ 188,509			\$ 419,437

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CTS Funded Programs
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## PROPOSED 2024 Meeting Schedule

<b>Committee</b>	<b>Lead</b>	<b>Meeting Schedule</b>	<b>Notes/Questions</b>
<b>Governance Committee</b>	Pat Dale & Angela Watts	Every Quarter Third Wednesday of the month from 3:00-4:30 PM	Meetings will take place online, unless otherwise noted.  Feb 21 May 15 September 18 October 16
<b>Executive Committee</b>	Pat Dale & Angela Watts	Every first Friday of the month from 9-11 AM  No July Meeting	Meetings will take place online, unless otherwise noted.  Jan 5 <sup>th</sup> , Feb 2 <sup>nd</sup> , March 1 <sup>st</sup> , April 5 <sup>th</sup> , May 3 <sup>th</sup> , June 7 <sup>th</sup> , August 2 <sup>nd</sup> , September 6 <sup>th</sup> , October 4 <sup>th</sup> , November 1 <sup>st</sup> , and December 6 <sup>th</sup> .
<b>Coordination Team</b>	Laura LaCroix-Dalluhn	Every 4 <sup>th</sup> Tuesday from 10-11:30 am	Meetings will take place online, unless otherwise noted
<b>Parent Catalyst Leadership Group</b>	PCLG Coordinator	Every third Saturday at 10 am	Meetings are taking place in person when possible.
<b>Parent Summit &amp; Engagement</b>	Fatima Muhammad	No Regular Schedule	
<b>School-based Mental Health Group</b>	Mark Sander and Laura Zook	Every 4 <sup>th</sup> Tuesday at 2:30-4 pm	Meetings take place online and in person.
<b>Provider Group</b>	Laura LaCroix-Dalluhn	Schedule To Be Determined	This group last met 2020. The current group of stakeholders will be polled to meet.  This group will meet online, unless otherwise noted.



## Hennepin County Children's Mental Health Collaborative (CMHC) 2023 Governance Committee Roster as of October 2023

Name	Partner Entity	Email
1. Dale, Pat (CMHC Co-Chair) * 2. Watts, Angela (CMHC Co-Chair) *	Provider	<a href="mailto:pat.dale@youable.health">pat.dale@youable.health</a> <a href="mailto:angela.watts@hcmcd.org">angela.watts@hcmcd.org</a>
1. Hickey, Meghan (MPS) A. Sander, Mark (MPS/ Hennepin County)	Minneapolis Schools	<a href="mailto:Meghan.hickey@mpls.k12.mn.us">Meghan.hickey@mpls.k12.mn.us</a> <a href="mailto:Mark.Sander@hennepin.us">Mark.Sander@hennepin.us</a>
1. <b>Messenger, Julia</b> A. <b>OPEN</b>	Anoka-Hennepin School District	<a href="mailto:Julia.messenger@ahschools.us">Julia.messenger@ahschools.us</a>
1. Allen, Tonya* A. MacDonald, Brenna	District 287	<a href="mailto:tdallen@district287.org">tdallen@district287.org</a> <a href="mailto:blmacdonald@district287.org">blmacdonald@district287.org</a>
1. <b>OPEN</b> A. Fagerland, Hope	St. Anthony/New Brighton School District	OPEN_ <a href="mailto:hfagerland@isd282.org">hfagerland@isd282.org</a>
1. Mitchler, Ph.D., Jenna* A. Coyne, Molly	Suburban Schools - Bloomington	<a href="mailto:jmitchler@isd271.org">jmitchler@isd271.org</a> <a href="mailto:mcoyne@isd271.org">mcoyne@isd271.org</a>
1. Nelson, Jody A. Gammage, KC 1. Jensen, Ph.D. LP Aric <b>A. (OPEN)</b> 3. [Dale, Pat] – listed above as co-chair <b>A. (OPEN)</b>	Providers with Hennepin County Children's Mental Health Contracts	<a href="mailto:jnelson@thechangeinc.org">jnelson@thechangeinc.org</a> <a href="mailto:agammage@thechangeinc.org">agammage@thechangeinc.org</a> <a href="mailto:Aric.Jensen@fraser.org">Aric.Jensen@fraser.org</a>
1. Malka, Karen A. (OPEN) 2. Hultman, Melanie A. (OPEN)	Parent Catalyst Leadership Group (PCLG)	<a href="mailto:karenmalka@hotmail.com">karenmalka@hotmail.com</a> <a href="mailto:melanie11475@gmail.com">melanie11475@gmail.com</a>
1. Tripeny, Maria <b>A. (OPEN)</b> <b>2. (OPEN)</b> <b>A. (OPEN)</b>	Parent Representatives	<a href="mailto:mtripeny@aol.com">mtripeny@aol.com</a>
1. Phillips, Krista* A. Wells, Deborah	Family Service Collaboratives	<a href="mailto:krista.phillips@edinaschools.org">krista.phillips@edinaschools.org</a> <a href="mailto:wells.deborah@slpschools.org">wells.deborah@slpschools.org</a>

1. Slowiak, Cynthia* A. Dahir, Asad	Hennepin County Mental Health Services	<a href="mailto:cynthia.slowiak@hennepin.us">cynthia.slowiak@hennepin.us</a> <a href="mailto:asad.dahir@hennepin.us">asad.dahir@hennepin.us</a>
1. O'Brien, Meredith A. OPEN	Hennepin County Public Health	<a href="mailto:Meredith.obrien@hennepin.us">Meredith.obrien@hennepin.us</a>
1. Blade, Andria A. Thell, Meg	Hennepin County LCTS Admin.	<a href="mailto:Andria.Blade@hennepin.us">Andria.Blade@hennepin.us</a> <a href="mailto:Meg.Schrafft@hennepin.us">Meg.Schrafft@hennepin.us</a>
1. Long, Monica A. Dalbesio, Jamie	Hennepin County DOCCR	<a href="mailto:monica.long@hennepin.us">monica.long@hennepin.us</a> <a href="mailto:Jamie.Dalbesio@hennepin.us">Jamie.Dalbesio@hennepin.us</a>
1. (OPEN) A. (OPEN)	Health Plan	
1. Watts, Angela A. (OPEN) 2. Jones, Brandon A. (OPEN) 3. Winter, Jamie A. (OPEN)	At Large Hennepin Health Care  Minnesota Association of Children's Mental Health  Children's Minnesota, Behavioral Health	<a href="mailto:angela.watts@hcmcd.org">angela.watts@hcmcd.org</a>  <a href="mailto:bjones@macmh.org">bjones@macmh.org</a>  <a href="mailto:Jamie.winter@childrensmn.org">Jamie.winter@childrensmn.org</a>

\* Designates Executive Committee Members

**CMHC designated voting member seats (21) based on bylaws. Each voting member can identify an alternate member:**

1. Minneapolis School District (1)
2. Suburban school districts (1)
3. St. Anthony-New Brighton School District (1)
4. Anoka-Hennepin School District (1)
5. Intermediate School District 287 (1)
6. Hennepin County's Human Services and Public Health Department (2)
7. Hennepin County Corrections (1)
8. Hennepin County Board or Administration (1)
9. Four parent/guardian representatives with a minimum of two appointed from the Parent Catalyst Leadership Group (4)
10. Providers representing Hennepin County contracted mental health agency (3)
11. Hennepin County Family Service Collaborative (FSC) (1)
11. Health plan (1)
12. At-large representatives (3)

LET'S TALK  
ABOUT IT



# INDIGENOUS YOUTH MENTAL HEALTH

with Alicia Garcia, LICSW

[REGISTER HERE!](#)

**Alicia Garcia** is a Taos Pueblo descendent. She is the mother of two adult daughters and a grandma to an adorable Stromball.

Alicia is a licensed independent clinical social worker (LICSW) & currently works as a school social worker at St. Paul Public School's Indian Education program. Her past experience includes being a school social worker for the Minneapolis Public School's Indian Education program & being a family advocate for Ain Dah Yung (Our Home) Center in St. Paul.



**Wednesday, October 11th**  
**6:30-8:00pm**

**Dakota Room, Division of Indian Work**  
**1001 E. Lake St. MPLS, MN 55407**

Hosted by [The Parent Catalyst Leadership Group](#) of  
the [Hennepin County Children's Mental Health Collaborative](#)



# COORDINATING & IMPROVING CHILDREN'S MENTAL HEALTH SERVICES



**Parent &  
Community  
Engagement**



**Improving  
Access to  
Resources**



**Provider  
Coordination**



**Training &  
Education**

## **About Us**

We are a diverse group of people & organizations working together to influence the development & operation of an accessible & effective children's mental health service system within Hennepin County.



**Empowering parents & community members  
to promote positive change for children  
& youth with mental health challenges.**

**INFORM ME**

- Join our email list
- Follow us on social media
- Join our Facebook Group

**ASK ME**

- Share your voice on things that matter to you
- I want to be involved, but not regularly

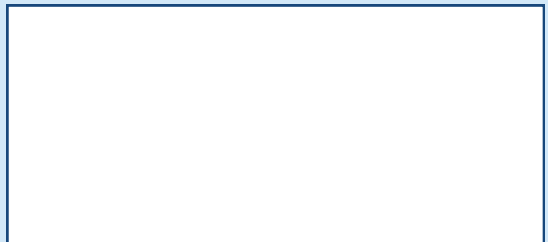
**CALL ME**

- To speak at meetings
- About a specific topic

**COUNT ME IN!**

- Attend Parent Events
- Join Support Groups

*Participants are compensated for their time.*





## Governance Committee Meeting Minutes

October 11, 2023

**In Attendance:** Pat Dale, Angela Watts, Cindy Slowiak, Brandon Jones, Meredith O'Brien, Krista Phillips, Asad Dahir, Andria Daniel, Brenna MacDonald, Jamie Dalbesio, Mark Sander, Susie Voss, Melanie Hultman, Mark Revering, Rachel Harris, and Dr. Jenna Mitchler

**Staff:** Laura LaCroix-Dalluhn, Cheryl Holm-Hansen, and Fatima Muhammad

### Welcome & Approval of Meeting Minutes & Agenda

- Pat Dale moved to approve the September minutes and Krista Phillips seconded. Minutes approved.
- Pat moved to approve the October agenda and Andria Daniel seconded. Agenda approved.

### Business Updates

- 2024 Revised Budget Proposals
  - Pat shared that Laura LaCroix-Dalluhn met with Brandon Jones, his chief financial officer, Mark Revering who will be with us today, and their accountant to review the approved budget for 2024 and respond to any questions they may have regarding the Collaborative's budget and/or funding streams. It was agreed upon to increase the fiscal sponsor line to 7.5%, which is higher than we've typically paid but still within the 10% requirement outlined with LCTS funds. As a result, we need to review and approve the 2024 budget with these changes. Angela Watts moved to approve the revised budget to accommodate this change, and Cindy Slowiak seconded. Motion approved, noting Brandon Kones abstained from voting.
  - Angela thanked Brandon and his team for moving this forward and making this a smooth transition for the collaborative.
- Fiscal Sponsor Updates
  - Pat shared that Brandon's team has been reviewing our governance agreement, bylaws, and MOU and are continuing to work with Laura to identify any concerns that they have. Brandon and Laura believe they are on track to make this transition at the beginning of the year.
- 2023-2024 Governance Committee Members
  - Pat shared that there are a number of mandated partners who have not been attending and a number of open positions. We'd like to spend time the remainder of the year recruiting people to fill these empty positions. You will find the mandated partners at the bottom of the Governance Committee Roster. Those highlighted in yellow have open slots and are a priority for the Collaborative. These open slots include St. Anthony-New Brighton School District (1), Anoka-Hennepin School District (1), parent/guardian representatives with a minimum of two appointed from the Parent Catalyst Leadership Group (4), health plan (1),

and at-large representatives (3). We are looking for your support in identifying key people and organizations for these open positions. We'd like to take a few minutes to look at the mandated partners, especially the alternate positions, which is a great way to onboard someone or have a couple of organizations tag-team to stay engaged. As we recruit additional people, we think this would also be a good time to make our space more conducive to adding families, parents, and/or caregivers. We'd like to take a couple of minutes to identify ways that you think we can improve this space for families.

- Melanie Hultman suggested we consider meeting on a Thursday or Friday and either over lunch or at 4 PM. Meredith O'Brien shared she may have some recommendations to fill the public health role. Mark Sander suggested going to CHIP and getting community partners to join us. Angela suggested Thia Bryant from Health Partners.
- 2024 Proposed Meeting Schedule
  - Pat shared that Laura has prepared a draft 2024 Meeting Schedule which changes our Governance Committee meetings from a monthly to a quarterly meeting schedule. The purpose of this change is to take time between meetings to engage in our work plan priorities and involve partners in this work. We would like discussion and feedback on this proposed change; and a vote either this month or next. We'd also like your input on how best to coordinate information across groups. Many of you sit in a number of meetings together and the work isn't always coordinated or information always shared. Coordination will be important if we move toward quarterly meetings to manage the business of the Collaborative.
  - Cindy asked how we would get our work done during the meetings, we have a hard time getting through the agenda in our monthly meetings. Angela shared Cindy's concern but also understands the want for fewer meetings. Angela suggested trying a bi-monthly meeting schedule. Mark shared that quarterly meetings lessen conversation and become more about approval than co-creating. Laura shared that this space has been used to have more dialogue and discussion, and she is searching for ways to have helpful conversations but also optimize work time. Angela shared that she understands what Laura is saying and why, bi-monthly meetings may fit our needs, but she feels we should have more discussion around this. Meredith asked if there was a way to make the administrative work more streamlined, and shared that she feels the monthly discussions within this group are helpful. Andria shared that she has been a part of the committee for almost a year and she feels she is just now starting to understand the role and responsibilities of the committee and she feels that meeting every other month would be fine, but having regular meetings is helpful.
  - Laura suggested having a quarterly business meeting, while still meeting monthly for conversation and collaboration. We could designate time out of a meeting quarterly to address business work. Rachel Harris asked Laura to clarify what the business parts are, Laura shared that what we have done so far this meeting is business work, anything with a vote required, anything to do with the budget, and

setting up meetings are business pieces. Rachel shared that the Northwest Family Resource Collaborative meets every other month, but she likes the idea of continuing to meet monthly, but only having the business focus every other month. Angela agreed that this could work, but shared that she feels it is important that new people and everyone on the committee gets a chance to understand the business side. Angela said that maybe she and Pat could create an orientation so that new committee members and people who would like to learn more about the business side can be given a tool to boost their understanding.

- Laura thanked everyone for their feedback and shared that she brought this up because she feels with the coordination work that comes with having two meetings every month, she is kept from doing other work within the work plan and ultimately holding the work of the collaborative back. Angela suggested that the committee take some time to think about how to best address this concern as well as the concern of making the space more welcoming to parents and caregivers and bring ideas to November's meeting to continue this discussion. Rachel added that the Northwest Family Resource Collaborative's governance committee meets bi-monthly, and their executive committee meets on off time, she would offer that this method works well and it may be worth trying.

### **Strategic Initiatives**

- Parent Engagement Updates and Events
  - Parent Catalyst Leadership Updates and Events
    - Melanie Hultman shared that we are excited to host our first in-person training for parents and caregivers tonight at the Division of Indian Work. The focus of the Let's Talk About It event is Indigenous Youth Mental Health. There is room to join us if you or someone you know is interested. Laura shared that Hayley Tompkins attended the Mpls Public Schools Pow Wow and received great information from families and young people. We are synthesizing this information and plan to share out. Laura shared that we are working to be more intentional in connecting the work being done in the PCLG with Fatima's work. Angela asked if we have ever taken photos at these events to capture the excitement and share with others, Pat answered that we have some photos but have never shared them. Melanie answered that we haven't taken many photos out of respect for privacy but at an event like tonight, we take some photos without faces to protect privacy.
  - Family Coordinator Updates and Events
    - Fatima shared that she is leading the coordination of a family summit on Children's Mental Health on November 15<sup>th</sup>, which will be held at the Brookdale Library. We are looking to have 50-75 parents attend and discuss the children's mental health system, challenges, and how providers can support families. Fatima shared that we'd love the committee's help with the promotion or recruitment of families and with

help supporting the logistics. If you have staff or anyone who would like to support family engagement opportunities please let Fatima know.

- Discuss SoC Community Events and Collaborative Next Steps
  - Angela shared that we had the kickoff SoC event and we wanted to discuss the Collaborative's next steps in supporting the implementation of system of care values and strategies in our work throughout Hennepin County. Angela asked those who attended to share what resonated most with you. Angela shared that she felt it was very exciting and that people were very engaged, the insights were great. Cindy shared that she felt it was energizing, many people engaged but the provider voice was a bit absent. Cindy shared that she feels we will benefit from continuing to have these conversations. Mark shared that Liz's presentation stuck out to him, particularly the focus on families and students at an individual level can have what they need. Rachel asked if it would make sense to focus on population groups at a time, rather than a global approach of all young people/students, and focus a bit deeper rather than spreading thin. Meredith added that we learned in early childhood system building that you start with the individual relationship and get momentum through that relationship to systematize it so there is a lasting process.

### **Adjournment**

- Krista moved to adjourn the meeting and Mark seconded. Meeting adjourned.